

QVAREIA - THE APPRENTICE

Module 8 - Inner Temples

Lesson 3: East

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QVAREIA

WELCOME

Welcome to this lesson of the Quareia curriculum.

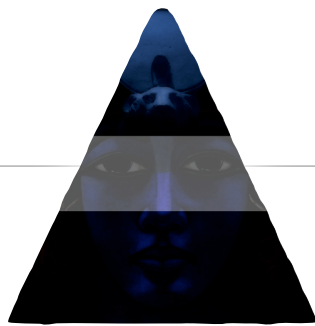
The Quareia takes a magical apprentice from the beginning of magic to the level of adeptship and beyond. The course has no superfluous text; there is no dressing, no padding – everything is in its place and everything within the course has a good reason to be there.

*For more information and all course modules please visit
www.quareia.com*

So remember - in order for this course to work, it is wise to work with the lessons in sequence. If you don't, it won't work.

Yours,

Josephine McCarthy



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Overview

The following four lessons will be short on description, as they are ‘doing’ lessons and you will not have a step-by-step instruction for this work. I’ll give you pointers, and the rest is up to you to do the work.

For this lesson, you will explore some of the many different variants of how magical temples aligned to the magical inner direction of east manifest themselves. When I say east, I do not mean geographically, but magically. Within that magical orbit are many temples that are combined with other powers and magical directions; but first you need to learn the expressions and signatures of temples that are pure expressions of specific powers.

Those specific powers are numerous, but because you have been working with the elemental inner four directions, we will stick with that pattern for now, and expand out later. First learn the roots of the tree, before you look at the branches. To do that you will first visit, through the next four lessons, the elemental root temples.

Temples of the East

The temples that are the pure root of magical east work with: the wind, words, communication, sacred languages. For example, the Abrahamic religions have their mystical and magical roots in the temple roots of east. They are religions of ‘The Book,’ and the expressions of those religions are based around revelations and teachings that are oral and written. Beyond that set of religions is a mystical dynamic that deals with how the utterance of Divinity as a breath and a word is expressed through the creation of the world:

In the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by him; and without him was not any thing made that was made. In him was life; and the life was the light of men. And the light shineth in darkness; and the darkness comprehended it not.

Behind that dynamic is a root temple of the east. (And as you go deeper in to adept training, you will gain a full understanding of that mystical text, as much is hidden within it.)

The most ancient variants of this stream of consciousness deal with the wind, and human interactions with the wind. Then we have variants that deal with sound, communication, and utterance, and the effect sound has on substance (creation uttered into life). There are also variants that deal with the mystery of the sword as an expression of the angelic interface that bridges inner power to an outer form.

This sword power is the limiter, and humans expressed this as a sword. The limiter in its true form is an angelic power that slows things down so that we can interact with their power; it is also a power that triggers a dynamic of boundaries. How we, as humans, express all these powers depends on the balance of the humans who are interacting with the dynamic. Some would work with this power to learn, to work, to guard, and to serve.

When it becomes twisted or misunderstood, the ‘word’ becomes a dogma that limits and controls the people—sometimes using a literal sword. This twist in the power is what we see in the fundamentalist expressions of religions around the world. The twist comes from how the humans choose to

work with the power, not from the power itself. You have already learned that everything in the world works in octaves. That twist in the power can appear in the work of a magician, which will in turn affect how they work in the inner worlds. This is important to be aware of: if you are working in a temple of the east and you find yourself wishing to control or to announce a 'set truth,' or find yourself becoming dogmatic in your thinking, you need to stop what you are doing and spend some time in self analysis.

When such a thing happens, it is triggering an imbalance within you and is also awakening the 'messiah trap': a wish to control is surfacing and trying to assert itself in your consciousness. If this is left unchecked, it will develop into wishing to control others, which is the messiah trap. Your learning is for you, and no one else. Recognise it, be aware of its influence, and slowly learn to ignore it.

With each temple you explore, keep journals of your experiences—not only about your time in the temple, but also how your mind, emotions, and actions shift in the weeks following the work. Look for imbalances coming to the surface, and when they do appear, recognise them and choose not to engage them. The temples are powerful, and when you interact with them, even as an apprentice, they will shake the dust off you and bring up hidden issues that are ready to be dealt with.

If you get the urge to write a lot after being in the temples of the east, then write. But keep your writings to yourself: this will help you learn to connect into the utterance power of the temples, without spinning out into an ego trip. Eventually, you will be able to work in the temples without these sorts of issues, as you will have already worked through them. But in the early days, tread carefully, and don't allow a sudden rush of 'revelation' to take you over.

If you study martial arts, particularly sword forms, you may find yourself filled with a sense of warriorship and power after working in the east temples. Again, reel that in and understand what it is: the east power flows through you, finds an ego weakness, and shakes it up. Recognise that expression of imbalance: the sword/east is not about being a warrior or conqueror; it is about learning how to 'hold the fort,' how to protect and build boundaries, and how to be powerful without expressing that power. A wise and powerful warrior never needs to unsheathe her sword.

So let's move on and get to the practical work. You have six lessons left in this module, which are all practical work. Pace yourself. In this lesson, you will visit three different temples. These east temples are each an expression of the root power of air. That means that the temples may be formed or unformed depending upon how your vision works for you, and it also means that these temples will have no aspect of any other element of power: they are pure expressions of magical air. Give yourself a few days in between each working, as it can sometimes take a lot of energy to do this work.

Practical Work

Set your work space up, put the tools out, light the lights, open the gates, and do the anchor ritual to tune yourself. When you have finished, sit before the east altar. In vision, go to the inner library and to its central podium. Talk to the librarian there, and tell them you wish to explore and learn about some of the inner temples that express the root power of magical east, of air. Ask them to guide you to the first temple that would be best for you to visit in this learning process.

Follow the librarian, and take note of which corridor/tunnel you are taken down that leads from the centre of the library and off into a direction. The librarian will take you part of the way, and will then point out the rest of the way to you. From there, follow the directions you were shown/given, or just continue walking in the direction you were pointed to go down.

You will likely find yourself in front of a door (or maybe not!). Remember the door is a guardian, and will open when you reveal who and what you are. Place your hand or forehead on the door to let the guardian check you out. Let your heart spirit talk for you and introduce you.

From there, enter the section of the inner temple. Be respectful, pay attention, answer questions truthfully, and look around you. Commune with the priests or priestesses who come forward to greet you. Explore as much as you feel is appropriate, and stay as long as you need to in order to get a sense of the temple, its power, and how that power manifests. Look at the place, look at the people, look at any wall designs, and ask questions.

When you are ready to leave, go back to the guardian door, find your way back to the library, and, when you get to the central part of the library, stop and silence yourself.

Instead of looking around, feel around for a book that has the same feeling as the temple you have just been in. Wander around until you come across a section of books that feel the same as the temple. Choose a book, take it into yourself, and absorb its information.

When you are ready, leave the library and go back to your work space. Immediately write down everything you can remember, what communion you had, what you saw, etc. Later, type up a summary on computer.

After a couple of days, when you are ready, it is time to go into a different temple. Repeat the same exercise, and ask to go into a different root temple of the east. Go through the same actions, and mark down your experiences afterwards.

And again, after a few days, do it for a third time, so that you visit three root inner temples all connected to the power of east/air. Take notes afterwards, and again type up a summary. Anything that you see, be it a person, a thing, an architectural detail, a shape, image, whatever, take note of it. Anything that particularly stands out for you, draw it out.

Task: Do the three tarot readings outlined for you in the last lesson. Do three readings for each temple, and write them down. Choose one image from the three visits that really stands out for you, and draw or paint it. This fixes it and also exteriorises it for you: it will also act as a key for you in future visits. When you remember the image, part of you will already emerge in the inner temple. Once you have done that, using a Tree of Life layout, do a tarot reading to see what power, if any, flows through that image. From that reading, you can choose whether you wish to keep it or not. If you do not, burn it. If you do, put it somewhere safe.

Task: Once you have visited three temples (you can continue to revisit them if you wish, for however long you like), sit and think about the power that flows through them, what it felt like, and what was it they were doing. How do you think that particular power may manifest out in the world? How do you think that power could become twisted? Spend some time sit-

ting and thinking about what you experienced, and what you learned about the power that flows through that temple. You may not have any answers at this stage, but it is important to ask yourself these things, as it triggers a learning process.

Throughout this module you will visit many different temples, most of them under your own initiative: I will not guide you nor describe for you. It has to be your own experience. Some will stand out for you more than others, some will be more understandable for you, and some will draw you more than others. Some will confound you, and with some you may have problems seeing anything: in such a case, go with the feelings and senses: some very deep temples are so far from our consciousness that we cannot interpret what we see, so the mind fogs over. In such cases, visit a few times, and as your mind gets used to that temple and the contacts get used to you, more detail will emerge. You and the temple need to find a common image vocabulary in order to interact.

If one or two particular ones draw or pull at you, or you are just curious, then revisit them. There is no reason not to explore, so long as you access them through the library: how much work you do in this module is totally up to you, so long as you do all the initial visits.

Summary

For the days and weeks that follow your temple visits, keep an eye on things happening around you, or things making themselves known to you. At least one of the temples will trigger and connect with you, and when that happens, they tend to make themselves known to you in one way or another in the outer world. If this happens, just take note and go with the flow.

If you are particularly drawn to the inner temple work, then go in vision to these places as much as you need to; just always access them through the library. Always keep notes, and also write down any outer connections you come across. In truth, the deep connections to these places often pop up years later, but you will most likely also get some rather more immediate 'hellos' happening around you.

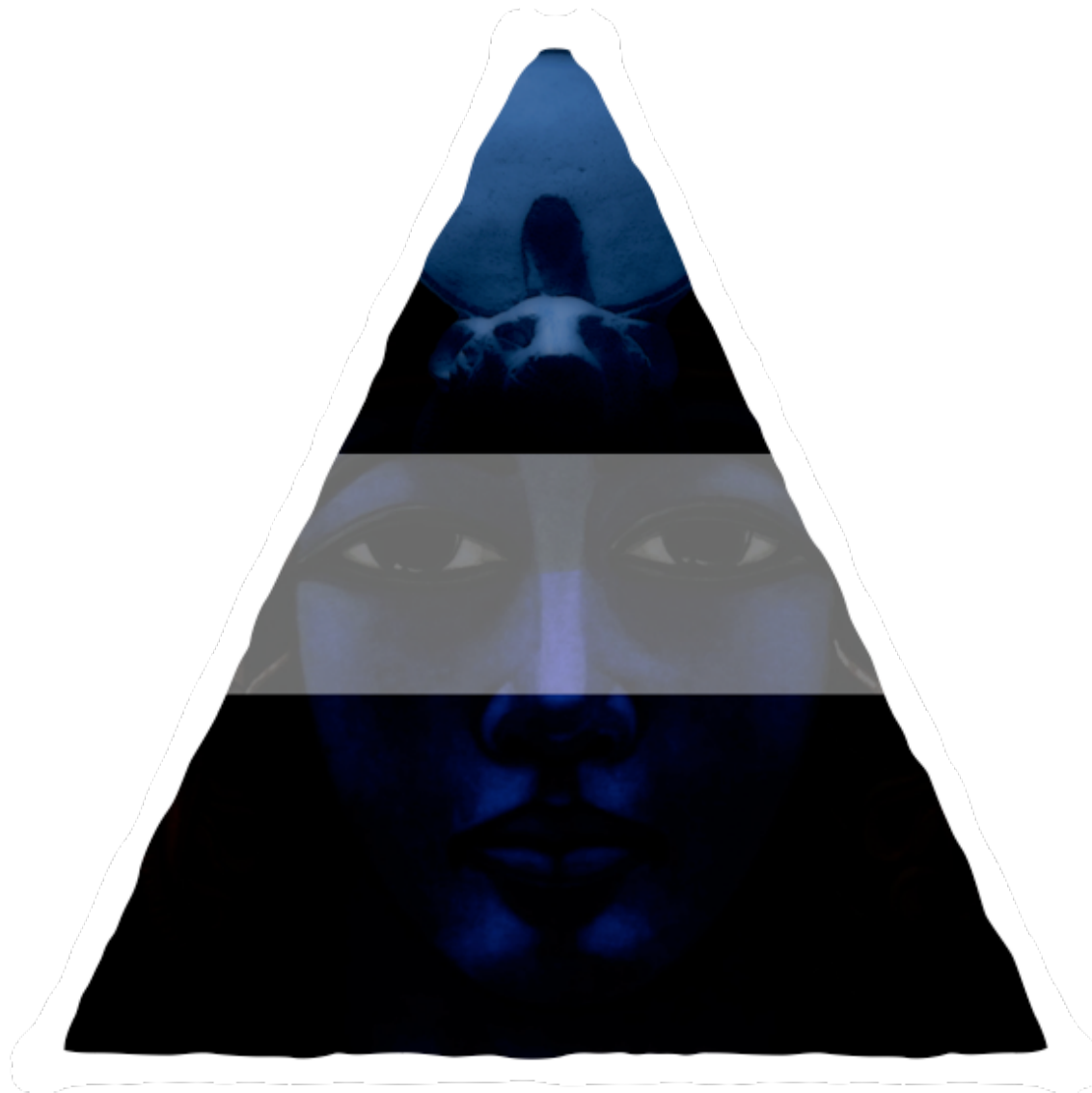
Task: Once you have visited the air temples a few times, I would like you to do some research. Doing this work in retrospect of the inner work ensures that what images you see in the temples are not pre-empted by what you see in your research. Rather, such research may trigger things you forgot that happened in your vision, and can also widen out your understanding of your experience.

Look through ancient temples in history and archaeology anywhere in the world (thank goodness for the internet...in my day you had to spend weeks in a library). Look for ones whose structure, priesthood, or deity may have connections with the root temples of east. Look at their beginnings, their height of power, and their demise. Look at the culture they were in, and see if you can spot when in their history things started to go wrong, and see if you can see why.

Also look to see if these outer temples have anything in common with the inner root temples, like imagery, behaviour, etc. Write down your findings in your computer log.

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