



QUAREIA—THE ADEPT

Module II—Magical Construction

Lesson 8: Working in the Temple

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WELCOME

Welcome to this lesson of the Quareia curriculum.

The Quareia takes a magical apprentice from the beginning of magic to the level of adeptship and beyond. The course has no superfluous text; there is no dressing, no padding—everything is in its place and everything within the course has a good reason to be there.

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So remember—in order for this course to work, it is wise to work with the lessons in sequence. If you don't, it won't work.

Yours,

Josephine McCarthy



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Lesson 8: Working in the Temple

Before we move on to working in the temple, let us recap the elements that were brought together in the construction of the Inner Temple, as the dynamics are relevant to other forms of magical construction, right down to the creation and execution of high-level ritual work.

The construction started out in the stars. This placed the temple in the highway of long-term survival beyond our generations, and also follows the natural flow of creative dynamics.

It also anchored it firmly in the inner worlds before it was connected to particular inner realms. Creation out in the stars, via the Inner Library, creates a highway that flows in tune with the Divine breath that passes over the Abyss. The more you work out in the stars as an adept, the more you will begin to see that the Divine breath—the creative impulse that we experience at the edge of the Abyss—is also layered in life that falls from the stars.

The temple's walls and structure are angelic. By drawing on angelic power to form a structure, again we follow the path of the Divine creative impulse, and the angelic powers are drawn together to form building blocks. Creating an angelic structure this way brings in natural protections and thresholds that cannot be dismantled or interfered with by subsequent magicians. It also keeps the temple's vibrations angelic: the form acts like a drum. (And in early Judaism, the Ark of the Covenant was also expressed as a great drum...)

The temple then needs a foundation stone to define it as not only an angelic construct, but also one that holds both Divine and human elements. The golden brick removed from the wall, which is both a human construct, and a vessel of Divine power, defines the temple as a place of union between the Divine and humanity. Placed in the corner of the temple, its influence spreads out in the angelic construct so that it is not purely angelic, but also human.

Linking the brick to the deep Stone in the Underworld gives the temple an anchor and lets ancient human knowledge and fate play its part in the temple. Remember, the beings at the back of the four winds are a mirror of the Fates, and for there to be a future, there must also be a past. The power of future and past are woven together in different layers to create a holism whereby the past affects the future while the temple is the fulcrum in the middle. Later a second layer was added which granted access to the planetary spirits and connected them to the deep past.

A balanced Inner Temple should have connections with the distant past and have a road into the distant future. Both stretches of time must be accessible to the adept: a stairway down into the deep Underworld, and a stairway up to the planetary spirits, beings involved in the present and future fate of everything. This pattern also sets the temple into the flow of time.

We then connect up two processing units that will have a direct action on the temple. Both are already in existence, and the temple is aligned and connected to them so that their actions and influences can flow through it. One processes creative energy and experience; the other processes knowledge and experience—the egregore and the Inner Library. The egregore creates a direct line between Divine mediation at the edge of the Void and the Divine powers that express in nature, while the Inner Library is humanity's collective knowledge and consciousness. One is about the existence of our world; the other is about our understanding of it. The water flowing from the egregore ensures a constant movement of power and consciousness that enlivens, feeds, cleans, and records everything that happens in the temple.

Creating the west gate opposite the air gap for Divine breath sets up the temple space in the four-directional pattern. The mediation between Divine and humanity is direct: the east–west axis at its highest level is about Divinity within humanity. From that also flows utterance, life, and so forth. East-to-west is the axis of action; north-to-south is about time. Remember that from your apprentice ritual work?

The connections to the Gathering Place connect the temple with

groups of human consciousness, both living and out of life. The connections to the Deity Temple bring the influence of the deities into close orbit with the humans.

So you have shape and influence, energy and consciousness, deities and people, and a flow of time. The whole thing draws heavily on nature: natural forms and human constructed forms come together in equal measure, and are woven together to make a living, breathing temple. If you think about the various aspects of the temple, and the positions of access to those aspects, you will start to realise the layers of ritual and magical dynamic that are woven into the construct.

When, as adepts, you need to undertake a large or long-term magical project that requires visionary, ritual, and peripheral tools and skills, then following the overall approach used in the Inner Temple construction will help you construct and engage with large quantities of power in a very stable, long lived way. If you think back to your apprentice ritual training, you will realise how many of the same elements were brought together in simple ways: flows of time, anchors in the stars and the Underworld, the connection to consciousness, inner contacts, deities, and so forth.

How do we operate with the Inner Temple?

The first thing always to remember when working with this or any other Inner Temple is that it is not there for your own personal use. When you work magic for everyday or medium-level projects, you work out of your own work space, though you may visit the Inner Temple sanctum or some of its other aspects in the course of your work.

If you are undertaking some long-term service or a long-term project done in service for the benefit of the land or a wide group of people, for example, , then a section of the work would be done in the temple. We will do a couple of exercises to highlight this for you. You will also be prompted to work in the Inner Temple in some of your adept training, to give you regular, hands-on experience of working there.

On a personal level, the Inner Temple can be worked with to retune, refocus, gather strength, and learn. The Inner Temple is like a massive tuning fork: it retunes anything in its orbit. And it is unaffected by the tides of destruction and regeneration that barrel through the inner worlds from time to time. Here, the Divine presence in its unknowing form can be drawn near to and simply experienced.

Over the generations, as needs develop, other aspects of the Inner Temple will begin to emerge and make themselves known. The way it was built will ensure its organic development. As subsequent generations of adepts work in the Inner Temple, different rooms will appear and develop: these aspects of an Inner Temple always form naturally, from necessity, and tend not to be future constructions.

If you cast your mind back to your earlier training when you visited Inner Temples, you will remember their many different areas and aspects that could be explored. Those developed because groups of adepts focused on a specific form of action or service. The living, organic temple responds to such work and grows. As it does, and human adepts interact with it, the temple begins to assemble a form that we can identify as a room or other area with some specific qualities. For example, you visited a temple where scribes sat with their backs to the mediated wind and wrote down what they heard. This area grew organically in response to the constant work of that temple's adepts. You also visited a place where swords were forged: again, this was formed by an organic response to work and necessity.

You may find it interesting to reread some of that earlier work and maybe revisit some of its visionary aspects, as you would now see the temple in a different, more mature light. Once you have worked on a temple's construction, you begin to understand the subtleties of other inner temples when you visit them. A temple's range, size, and complexity will tell you a great deal about the culture and lives of its many generations of adepts/priests. You can gauge a lot about the time in which they lived by the temple's nature, growth pattern, and response to necessity.

Remember, the organic development of a temple happens because of its direct connection to the Inner Library. When there is some sustained need, skills are drawn from the Inner Library, which creates a structure where the necessary actions can be worked. When those actions are to be developed within some inner temple's orbit, the structure gravitates closer to the temple in question as an offshoot between the temple and the Inner Library.

Points to think about

Here are some basic dynamics to think about when visiting and working within the Inner Temple.

Accessing the Inner Temple is nearly always done by going through the Inner Library. This creates a solid highway and filter, so that the experiences and work done within the Inner Temple are filtered through humanity's collective knowledge and learning. It also ensures that successive generations of adepts keep knowledge flowing from the Library to the temple, where it can be drawn on.

Such an approach also triggers the many checks and balances that keep the temple healthy. If you enter the Inner Temple through the Desert, you pass through no such filters, and the full force of the power flowing through the Inner Desert will pass with you into the temple. Such a flow is often feral and damaging, and the guardians of the Inner Temple's main doors, that lead to the Desert, will challenge any such approach. They will aim to destroy anything, or anyone, that threatens the temple's integrity.

When you work with the directional thresholds in the temple, what type of being appears depends on your focus and intent. The temple is connected to angelic power, deities, inner adepts, priests, and priestesses; the work you trigger will draw in any of those beings whose frequency matches it.

When some temple work is to be dispensed to humanity, a wider aspect of humanity, or the land, then the west gates are opened and the power is released through them with direct focus of intent on the recipients.

When the temple's power is worked with for smaller projects, the magician should take the work's pattern into themselves, and leave the temple before dispensing it.

If the temple work is for the benefit of its future adepts, then the work is done, then 'handed up' within the temple structure. Similarly, work done for transforming the past is taken down to the Cave of the Four Winds and deposited there. The dynamics you learned in your work space when you worked with Ananke, and when you worked with angelic beings to hand work upwards for the future, also apply within the Inner Temple space.

If a pattern, sigil, or talisman is worked on in the Inner Temple for wider service, it is then carried out of the temple within the magician.

You never ever take someone to the Inner Temple in vision: everyone must forge their own path there.

If you are ill or under threat, one of the things you can do is to keep

a presence in the Inner Temple. Or you can go in vision to the egregore landscape and sleep or meditate there. The egregore is the safest, clearest, and most powerful aspect of the Inner Temple.

Working for balance

In your apprentice and initiate training, you learned to work a pattern of balance and dispense it in various ways. This is one of the major jobs of an Inner Temple: to dispense a catalyst to retrigger the fulcrum out in the world when societies start to really spin out of balance. Such imbalance is normal and part of human life, but occasionally it tips too far. Then we begin to see cultures or groups of people really tearing themselves and their environment apart. Indeed, we are currently seeing such massive imbalance in various cultures around the world.

So tuning work is a good, needful way of starting to learn how to work the temple. Remember, like a tuning fork deep in the inner worlds, the temple needs less formation of the pattern on the magician's part, and more in terms of triggering.

This means the magician does not need to use sigils, objects, elements, and so forth; rather they must mediate power. As this is an inner temple and one whose resident power is universal, you would not usually use this method to focus on a particular group of people or organisation: always work at no more than the necessary level.

When an Inner Temple becomes involved in such imbalance, the pattern of catalysing the search for the fulcrum is released out into the world in general so that it can find where it is needed and begin unfolding its power. At the time of writing this, Western governments and politicised communities are becoming extreme in their agendas: fascism is rising again, and small pockets of extreme thought are getting bigger. The see-saw is swinging wildly, and the fulcrum needs retriggering somehow so that the see-saw's two ends can find a calmer equilibrium.

So let us get to work. Set your workroom up with the directions lit and the gates open. This sets your room to a frequency that will resonate well with the temple's. Sit in front of the central flame and go to the Inner Library. From there, go to the Inner Temple and spend some time circling the central flame. Hold your work's intention as you circle. As you focus your intent, you will notice that the central flame begins to rise from the central altar and hang in midair above it—its working position.

Once the flame has risen, work the directions. You may notice other magicians coming into the temple and doing the same work as yourself—just don't be distracted by them, or by any contacts who flow into the temple from the Gathering Place. Learn to work without distraction, and work alongside other magicians in this place without directly interacting with them. Sometimes you will work with them directly, but in this sort of work you should all work independently, in silence.

Start the work by going around the directions, starting in the east. Stand before the east altar and keep the focused intent of your work. Be aware of the contacts and powers beyond the threshold, and as they come to the threshold bow to them in acknowledgement. Feel the east wind blow on your face and acknowledge the Divine breath. Step back, bow, and go to the south.

Again be aware of the contacts beyond the threshold. Be aware that this is the direction that the path into the future takes, and that time in the temple runs north to south: past to future. Once the contacts come right up to the threshold, bow, step back, and go to the west. Stand before the west altar and be aware of the temple's great bronze doors. Also be aware of the western threshold and the contacts beyond it. As they step closer to the threshold, bow to them and step back. Now do the same in the north. Be aware of the north's stillness and silence, the place where the past sleeps. As contacts draw close to the threshold, bow to them and step back.

Now the temple should have contacts on the thresholds in all four directions. They may be angelic, deities, or inner contacts: just work with whomever has appeared. Start back at the east altar. Be aware of the air gap and of the Divine breath that flows through it.

Turn around so that it is behind you. Focus your mind on the need for balance in the world, for a catalyst that can trigger rebalance. Take a deep breath, and as you breathe out let the air flowing in behind you flow through you. Breathe the air through you a couple of times until you are used to its feel. When you are ready, focus your mind completely on the need for a catalyst.

The air behind you turns into wind and makes a noise, a vibration, as it passes through the air gap. Let that vibration flow through you. As it does, open your mouth and make its sound: aim the sound at the central flame suspended above the altar. As you send the sound to the flame with your breath, you notice that it also takes on a shape, a living, breathing, moving shape. The shape and sound sit in the flame, and you watch as it moves within it.

Now go to the south. As you leave the east altar you notice another magician taking your place and proceeding to do exactly as you just did, mediating the Divine breath as sound and shape into the flame.

Stand before the south altar. Be aware of the contacts there and the power of the future path beyond the temple's threshold. The contacts raise their arms and make a sound. Turn and mediate that sound through you into the central flame. As in the east, let the sound pass through you and make it with your voice, projecting it to the central flame. Again the sound takes on a shape, and the shape and sound join with what is already in the flame. Watch as the shapes move around each other, trying to find a way to fit together. Also listen to the different sounds coming together to make a harmony.

Now go to the west altar. As you leave the south, the magician in the east moves to the south, and another magician appears in the east. You will all do the same work in each direction, and add that work to the flame in the centre. Do the same in the west and the north: gather and mediate sound and shape into the central flame.

When you have finished, go back to the east and stand with your back to the east altar and face the central flame.

You will see three other magicians standing facing the central flame in the south, west, and north. Look at the central flame. See the shapes weaving around each other, and listen to the sounds creating a harmonic. Now the pattern needs fate and time woven into it, so that the raw power expressing as sound and shape can find fate patterns to express within.

Look up at the stars on the ceiling. Remember the deities in their temple. All four of you magicians raise your arms to the ceiling and ask for the deities to infuse the pattern with time and fate. Watch the ceiling. The flame that holds the pattern rises up to the ceiling and passes through it. You can see its light reflecting across the ceiling, and you notice that the stars across the ceiling are moving. If you look closely, you will see hands flowing through the stars, as if someone had dipped their hands in water and was moving it about.

The flame flows among the stars on the ceiling, and the stars come together in formation around it. You can hear their faint sounds, the sounds of the stars. Listen as the sounds of the stars join with the harmony of the flame, and watch as they form patterns that shift, change, and finally settle in a constellation.

You feel something lock in place, and the flame lowers itself back into

the temple and settles just above the central altar. Within the flame you can see a settled, formed pattern that looks a bit like the Metatron cube; and you can hear the harmony of sounds within the pattern.

Now it is ready to dispense.

Shift your focus to the bronze western doors. Other magicians come and stand beside you in the east, all gazing at the doors. Hold out your left arm to the flame as if to direct it. Say:

“Pattern of balance, I birth you out into the world. Tune the people, and thus the world.”

Hold out your right hand and say:

“Guardians of the west, open the great doors out onto the living world and give safe passage to the pattern.”

The great doors slowly begin to open; and as they widen, you can see the planet beyond the gates. Take a deep breath with the other magicians, and blow at the flame with the intent to send the pattern out into the living, physical world.

A great wind comes up behind you, flows through you and the other magicians, and blows the harmonic pattern out of the flame and through the doors of the west, leaving the central flame empty and silent. Together, you and the other magicians walk around to the west and stand before its altar, with the open doors beyond it. Look out. You see the pattern expanding, you hear its song getting louder, and as it nears the planet’s surface, it spreads out and circles the planet.

Then you notice lights orbiting closely around the planet. These lights join with the pattern, triggering it, expanding it, and focusing it on different lands. The lights come together in constellations which in turn act as an anchor for the pattern, and focus it on different land areas, countries, and landmasses. The pattern merges with the land and vanishes, and the lights resume their orbiting. The great doors close, and the temple is silent.

Go back to circling the central flame with the other magicians. Note that the flame rests once more on the central altar. When you are ready, bow to the assembled magicians and leave, going back to your work space through the Inner Library.

If you wish to see the pattern in action, ask the librarian to guide you to a viewing platform where you can watch its power flow through the people. If you do this, pay close attention to how it manifests, how it looks, how it sounds, and how it settles across a group of people or a culture. You may or may not make sense of what you see, but pay close attention to your experience so that you can write it down: it may become more understandable in the future.

When you are ready, open your eyes and write down everything you can remember. Then close down the directions. Be aware of how each direction has the same power quality as Inner Temple's thresholds: they are not the same, but there are resonances.

Do a reading with the Quareia Deck and the Mystical Map layout. Ask:

“What effect will that work, that I have just done, have on the society in which I live?”

If the future shows destruction, it means the imbalance is so great that destruction has to come first before the fulcrum can re-establish a move towards balance as opposed to spinning away from balance.

If the future does not show destruction then, however imbalanced things may seem on the surface, your society is probably not too far gone and the fulcrum will help things settle. Write down the reading along with any observations and thoughts you may have.

Let's just go over how all that worked. You will have noticed that this work was less formed than similar past work: the deeper in the inner worlds you work, the less formation things need to come together.

There was no physical manifestation of the work, either in ritual or in objects, etc.: when you are acting to help rebalance a huge number of people or a vast area, and your work originates within the Inner Temple, then you do not provide any physical formation at all. Instead, you follow closely the pathways of creation from inner to outer; and the physical people, places, and lands to receive that power will convert it as necessary and at the right times. The work needs no vessel to dispense it: the planet itself is the vessel.

This ensures that no agendas creep in: as a magician, you mirror the act of creation, the deities do their bit, and the result is dispensed. It's as simple as that. The difficult bit is holding and mediating that amount of

power, with total focus, and not letting any personal agenda creep into the work. This is harder than it sounds.

Did you figure out what the lights orbiting the planet were? They are the three hundred and sixty spirits that act as mediators between the deeper powers and the planet. As the pattern passes through their territory they form small groups where they work together to add their influence to the pattern before it is dispensed to the people. These spirits work very closely with fate, and they have a keen interest in the actions of humans—and probably any other species that has, or will, consciously reach for the Divine. If you learn to connect and work with them, they will work actively with you in magic, particularly in areas of fate and protecting fate paths.

If you work with them from the Inner Temple then you will tap their deeper, more profound aspects. If you work with them from the ground then you will discover a more ‘human’ type of interaction, one where you can talk to them and ask them for help. If you wish to work with them in the Inner Temple then the best way that I have found is to open the great doors of the west, and step out into the stars with the intention of reaching them. I fell until I came into their orbit, and interacted with them while flowing among them. It taught me a lot, but it is a major pull on the energies to work that way.

You will also have noticed that rather than the fate goddess’s arms coming through the ceiling, the pattern went up to the realm of the deities and fate, and the ceiling of stars became the interface. This protected major fate patterns from too much adept interference—we can often get it badly wrong. As we were deep in the Inner Temple, we were close to the deities and fates anyway, so there really was no need for the goddess to bridge her power into the work space. By the pattern going to her and the stars, it could be worked on much more efficiently.

This brings us to another dynamic of Inner Temple work. The Inner Temple brings you much closer into the orbit of the deities, the angelic powers, the fates, and so forth. When you work from your work space, you need a lot of bridging between you and the powers. But when you work in the Inner Temple, the thresholds are up close and thin: you are working closely, shoulder-to-shoulder with those powers, and the Inner Temple’s structure is like a vehicle or vessel that holds you in that close-up space.

And don’t forget, the temple is a goddess.

Sword work in the Inner Temple

In this next working we will take your training wheels off, at least a bit. You will have to figure out how to do a job in the temple and dispense it. Remember how, in your apprentice work, you slowly learned to work with the Limiter until eventually you had it as an inner power and inner worker that brought its influence to your work? Just as every magician first has an outer sword, but later relies on the sword's inner influence to work with them and guide them, so too do cultures. You have already looked at this a little bit when you researched swords, blades, and spears in mythology. You will have realised that for the most part these are not weapons to be wielded by humans, but powers that bring an influence to their surroundings and to whomever works with them.

In times of major conflict, danger, or serious unbalance, such a sword can be placed within the land to bring its influence to bear on the people around it. And this is what you will do. We are at a place in history where there is a great need for the Limiter's power to be active across lands and cultures where it can quietly resonate its power to those lands and peoples.

Bringing such a power to the fore of a culture in crisis is one of the jobs of an adept if they choose to work in service. Such service must be triggered in the Inner Temple, then released on the land.

Rather than outline all the steps in visionary terms, I will just list the pertinent steps that you will need to take. It is up to you to actually get on and do the job. Don't worry that more adepts than you will do this work on your land: as each Quareia adept does this work, the sword power they bring through will join with the previous work. Remember, there is only one sword; we just work with different layers of it. By doing the work, you wake the sword, then reinforce its presence in a particular place.

So here are the steps:

- Go to the Inner Temple and circle with the intention of bringing a sword out of the temple to dispense onto a certain land.
- Open the temple's directions and bring the contacts to the thresholds. Tell them what you are about to do.

- To find the sword you must go to the Underworld, where the swords come from. Remember the steps down to the Underworld cave. You may be given the sword by the women down in the depths, or you may find a side passage to a volcanic cave where a being will give you the sword. If they tell you anything to do with it, listen carefully.
- Bring the sword up to the Inner Temple. Place it in the central flame and ask the planetary spirits and the deities to infuse it with the patterns of fate for the land you will dispense it to.
- Take the sword from the flame and walk it around the directions. Ask the contacts in each direction to put whatever is necessary into it, and for it to work across the land and influence the people in times of danger, serious imbalance, and so forth.
- Take it to the egregore and bathe it in the waters. If the angelic mediators at the threshold of the Void wish to put something in it or utter to it, hold it while they work.
- Take it back to the temple, go to the west gate, and ask the east wind to open the doors of the west onto the land where the sword must be placed. As you step over the threshold of the west with the sword, keep your mind focused on the work's intent. You will step into the landscape near a lake, mountain, or cave. The Companion may step with you to guide you on placing the sword. It will either go in water or rock, in the lake, or in a cave in the mountain.
- Step back over the threshold to the Inner Temple and stand before the central altar. The flame will still be above the altar. Cup your hands, scoop some of the water from the temple, and place it on the altar to make a small puddle. Look into the puddle: keep your mind blank and gaze until a scene appears. You may see what the sword will do in the future, who will find it, and what it will influence. When you have finished, sweep the water from the altar so that the flame can lower itself.
- Return to your work space via the Inner Library. When you are ready, write up everything you can remember, every little detail. Type it up and keep it in a file.

Summary

For the rest of your training and beyond, visit the Inner Temple regularly, sometimes for work and sometimes just to meditate, circle, or sit in the egregore's landscape. By now you will have realised that all Inner Temple work is done in vision. Because of this, whenever you do a long round of work in the Inner Temple, always balance it with magical ritual work or some other physical magical work.

As you progress through the adept section you will learn how to work in the temple, when, and why. You will make mistakes, and you will learn from them. You will also find things happening that seem odd to you, but later you will find them in ancient writings. The Inner Temple is a real place where real things happen, and those happenings echo through time, both in the past and the future. The temple has been constructed in a way harmonious with older inner temples, so you will find resonances of it in ancient and classical writings. When this happens, you will know that you are on the right track.

Explore the temple, as there is far more to it than you have already seen, and it will keep growing all the time as people interact with it. You will also find that if you go there regularly to tune yourself, to circle and to meditate by the egregore lake, that you will start to recognise a certain 'feel' or quality of energy/power within you while you are there. When in life you are under great stress then recover that feeling and the temple's power will flow through you to strengthen you.

Whenever you go in the temple, always take notes of whom you meet, what you see and hear, and what happens. Often Inner Temple events and encounters are a precursor to things that will eventually manifest in your life. You will learn a lot just by always being observant and always taking notes.

QUAREIA

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