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## QUAREIA—THE INITIATE

Module IV—Birth, Death, and the  
Underworld, Part II

Lesson 6: Magical Application

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# WELCOME

*Welcome to this lesson of the Quareia curriculum.*

*The Quareia takes a magical apprentice from the beginning of magic to the level of adeptship and beyond. The course has no superfluous text; there is no dressing, no padding—everything is in its place and everything within the course has a good reason to be there.*

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*So remember—in order for this course to work, it is wise to work with the lessons in sequence. If you don't, it won't work.*

*Yours,*

*Josephine McCarthy*



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## QUAREIA—THE INITIATE

### Module IV—Birth, Death, and the Underworld, Part II

#### Lesson 6: Magical Application

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In the wider picture creation and destruction are constantly happening. We see this all around us in everyday life in the births and deaths of things. Things are destroyed and composted to make way for new creative force to be expressed.

When it comes to magic, and living the life of a magician—and also living a modern everyday life—we become direct players in the dance of creation and destruction in small, and even major, ways.

This has particular relevance for magicians and how they work magic; yet it is rarely thought about, which can lead to all sorts of unwanted complications. It is all well and good for a magician to have a highbrow stance on creation and destruction, but if balance is not kept in their magical actions at ground level, the deeper the magic, the deeper the kickback that can happen.

When a magician works magic, regardless of its purpose, there needs to be an understanding of the flow of power. By now you will be starting to understand what that means.

The impulse of creation and destruction both come from the inner worlds, and the manifest world is where that creation and destruction

express themselves. The Underworld is the storage facility that takes those expressions when they are spent and holds them in substance. Understanding that simple balancing act should have a direct influence on how the magician structures their magical rituals, actions, and visions; and how they release that magic and how it is dealt with when it is finished.

How the magician works with the magic and how they act/withhold actions in their daily life—these both add to the weave of magic and will define how it expresses—and whether it is successful or not.

The inner world and Underworld both lie on either side of the manifest world, with the living magician in the manifest world as the fulcrum: so long as the magician maintains an adequate amount of balance, as much as possible, the expressions that flow from the inner worlds and the expressions that flow into the Underworld will be more or less balanced: *power in equals power out*.

Successful magic in the long term depends on that balance. When that flow is interrupted in the magician's life, usually from magical interference, the action of rebalance should take the flow of creation and destruction into account and be part of the resolution.

So let us take some time to see how these deeper dynamics surface in regular magic, and how the magician can work with them successfully and without creating too much havoc. We will do this by looking at popular magic: money, home, safety, etc.

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### *Short-term popular magic*

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When people are first drawn to magic, one of the reasons is a feeling of powerlessness and a wish to control their lives. Resources are usually at the forefront of their mind, so we will use money magic as an example.

When people first start trying to use magic to gain money, they usually do not need it, and are often working from a 'magical recipe book.' Largely this does not work, but when it does its effects are usually fleeting, and its fallout depends on the person's individual fate pattern. They either give up, or they develop and move forward in magic.

Remember, most magicians who claim to be successful at money magic usually gain the money in question from selling books and courses on money magic, not from the actual magic itself.

If a magician does develop into stronger forms of magic, usually that will involve beings, and then we are into a whole new ballgame. If they truly need the resources, and all other avenues of fate have been explored, and the money will enable them to continue with their work, then it is likely that the magic itself will work and work well. If they truly do not need the resources, then it will also work—but it will come with a large price tag attached. This is not about virtue or punishment; it is merely the dynamics of how magic works.

When a magician does not need the money, but uses powerful magic to get it, a few different strands of cause, effect, energy, and so forth come together. Usually a magician who uses power in such a way, without real need, is immature or weak. They do not want to take responsibility for themselves, they want an easy life, and often they feel *entitled* to it. The amount of ‘magus’ types who have told me they should not have to work because they are a magus is nauseating.

Let’s have a look at some examples, so that you can see how the various dynamics play out. These are both real examples from people I have known.<sup>1</sup> I will not bother with the very silly examples, as it is a waste of time—you will be able to figure out the truly stupid people for yourself.

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### *Example One: Frank*

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Frank is a ritual magician who has gained some status in a local magical group as a leader. He sees himself as a magus, and as a result feels the world and his students owe him. He charges his students, but it is not enough, his wife works two jobs to support him, and he spends his days playing video games and gazing out the window being ‘thoughtful.’

He holds back with his students to avoid the possibility of his students surpassing him. He regularly has affairs with female students. He is overweight and unhealthy from sitting around so much and indulging

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<sup>1</sup>Though I have given them different names for privacy.

his food whims, and now he is in his late thirties he is starting to get unwell from his poor lifestyle.

He is tired of his wife as she no longer looks like the pretty young girl he married—I am sure having to work two jobs to support this parasite hasn't helped her looks. Generally, he is an asshole.

He decides that the key to his happiness is money. If only he had money—lots of it—he could leave his wife and find someone else to look after him.

So he starts a round of magic to get a sizable sum of money. He works with spirits and makes bargains. He ritualizes the bargain by working with his magical tools, but the majority of the ritual is pleading, demanding, bargaining, and bartering.

At this point, we see a weak, immature, and self-indulgent person asking someone else—the being—to provide for him. His magic is all centered around that want and has no pattern to it. He has effectively transposed his neediness towards his wife onto the being.

This creates a very unhealthy pattern that will further draw on the magician's energies, which in turn will attract parasites. There was no balanced pattern of magic and no real need, so there is no real balance. Any money that does come to him will be taken from somewhere else within his own pattern of resources, which will create an energetic deficit.

He gets some money via a windfall, and he promptly leaves his wife and turns up at the door of a female magician. She opens the door to Frank and sees an overweight, unhealthy, immature, and very parasited person standing there, so she shuts the door again and turns him away.

Frank runs out of money very quickly and decides to work the magic again to get some more. More energy is taken from his future resources by the parasite to get the money to him, and Frank continues to wander around trying to get someone to take him in and provide for him.

When his future resources are exhausted, it starts to affect his present health in a bad way; but he has no health insurance as he does not work. He has no home, and his students tire of him when they realise he has been keeping them at beginner level indefinitely.

This might all sound very extreme, but it is a common picture in Western magic, one I have observed more than once with people I

know—and have despaired of.

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### *Example Two: Shirley*

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Shirley is a Western ritual magician, and she is also a cook at the local hospital. She enjoys her work as it does not draw too much of her energy and time, which allows her to work on her magic. She broke away from her magical lodge in order to walk a solitary magical path, but the head of the lodge, who wanted to have an affair with her, decided to magically bind her to the lodge to stop her leaving.

It didn't work, but the binding did start to cause her problems. Her energy started to get low, as it was working at a subtle level to hold the binds off.<sup>2</sup> At work the pressure was on as there were cutbacks happening, but she could not energetically keep up with the longer hours and the harder work. Presently she was fired for not being able to keep up, and the place where she lived did not have unemployment benefits.

She had little savings and began to panic about where her next month's rent was going to come from. She applied for every job she could think of that she could do, and she also decided it was time to take some magical action.

She did readings to see what was happening to her health: the reading showed the magical binding that was draining her. She took magical action to remove the bindings, then opened the directions, got the flow of creation and destruction going, and stood in the centre of that power and asked for material help to get her back on her feet. She stated that she would do everything in her power to help herself, but she asked that the inner worlds also to help her.

Her call was heard over the thresholds: a being in one of the directions told her he would help her, on condition that she also help them. She asked what they needed, and they said it would be made apparent to her.

Three days later she received a letter from the tax people saying that she had overpaid on her taxes for a few years, and so here was the balance given back to her. It was enough for her living expenses for two months.

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<sup>2</sup>Her inner immune system.



Shirley continued to job hunt and also kept her eyes open for how she could pay back the favour. After a couple of weeks she found a job working for a local landscaper. She had no experience, but the landscaper felt he would work well with her and could train her. He specialized in 'return to nature' gardens: planting herbs, wildflowers, and trees native to the area, and using fertilizers friendly to the land and the local creatures. Shirley's job was helping with the plants, doing his accounts, and dealing with the clients.

Two months into the job, she was worried that she was not keeping her end of the bargain, so she opened the directions, called on the being, and apologized for being too stupid to see where she needed to help. The being told her she was already helping: the being had wanted her to tend the land, and help build tiny natural oases in the urban environment. It turned out to be a long-term job for her, and she became a business partner instead of employee. Her long-term material needs were covered, and she in turn created magically-tuned natural islands in a sea of houses.

The magic not only got her the short-term money she needed, it also took her out of a cycle of useless employment and put her somewhere she would be magically useful. In return, her needs were covered.

The magic worked because she stood in the flow of creative power drawn in, and destructive power directed into composting. This creates a pattern dynamic that is balanced and can therefore be sustained in the long term. She was willing to be useful and to work hard; and in return the inner beings ensured that her fate pattern was engaged to the full.

This sort of solution is never a happily-ever-after thing: the life's challenges and difficulties are what develop a person's maturity, wisdom, understanding, and compassion. It is how those challenges are met that makes the difference, and it is how the magic is patterned that decides the success or failure of a magical appeal for help.

If a magical appeal for help is done without a balanced exteriorized ritual framework, or is worked in vision without an exterior way to express itself, then it is less likely to work. If it is done purely from an exterior ritual without any inner connection, it is also less likely to work. If it is done without the balance of creation and destruction, it is less likely to be sustained or of any real use.

Shirley was in a situation of destruction<sup>3</sup> that was brought to a head

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<sup>3</sup>Dead end job that was slowly destroying her without her realizing.



by a magical binding. By drawing on and then standing in the flow of creation and destruction, the flow took away any remaining fragments of the binding, and also flushed out of her the pattern of meaningless jobs that only provided the basics for her. The flow of destruction composted that short-term fate which in turn made room for the creative aspect to flow into her pattern.

The creative aspect of the flow of power triggered a latent fate thread in her pattern, one that would connect her with long-term service on the land. It also ensured that she had the necessary resources to accomplish this. While ever she did that job, the resources would flow to her. If and when she leaves that job—she is still there, years later—the magical deal will be done and she will then have to find a way to earn her living again that will not be so magically protected.

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### *Divine names and letters*

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Divine names and letters can also be worked with magically when a specific thing, like resources, is needed. The key to working with Divine names is *necessity*: keep this in mind. It is also best to be working in a way harmonic with those Divine names and letters: if you are working in a stream or method of magic with the same dynamics as the religious or mystical system from which the letters come, they will resonate at the same frequency and switch on.

Such use tends to employ methods of *exposure* and sound rather than ritual or vision. Drawing out—exactly—or visualizing the letters or names, brings the frequency into the magician's sphere and triggers any latent fate threads that would lead to a needful conclusion. It does not create a new fate thread; it triggers what is already around you and brings it to life.

It also relies on how we act in our lives. If we are doing what we can to forge forward but something is blocking our way, and if divination shows that the block is unnecessary or there are alternative threads for power to flow down, then the use of names, letters, and sounds can open the way ahead.

If you sit on your ass and expect everything to come to you, and you use Divine names or letters to trigger wealth, then very likely nothing will happen. You as a magical being have to work in the manifest world

to enable threads for that power to flow down. When you act you open up possibilities on your fate pattern. When your action alone is not enough, and you have tried everything in ordinary life to solve an issue, and you keep hitting a wall, then it is time to decide whether it is a wall you need to learn to overcome, or simply a block that can be moved—or is someone magically blocking you? Is it a problem with the birth of a new creative pulse in your life, or is it destruction? If it is destruction, is it needful, or has it been enforced upon you by something outside of you, and therefore creating an imbalance of power?

Working this way enables the magic to use the potential already there in your fate potential. This means it takes minimum effort, and is all still part of your own pattern. You are essentially solving the problem by working with your own fate pattern of creation and destruction to bring a better sense of balance.

Staying with the money theme, if the magician is working hard but is low on resources to accomplish their task, and every outer method has been tried, then sometimes working with the Divine names and letters can break up the blockage. However they are not to be used lightly, and can even be counterproductive at times.

And they only need using *once* when trying to address an issue. If you keep reusing or retriggering them, they can have the opposite effect—and you end up back where you started.

Before you work with such Divine powers of resonance, ensure you fully understand the inner and outer meaning of the names and/or letters, what carries creation and what carries destruction, how they combine together, how they sound, and how they are used in the recitation of texts. This will teach you a lot about the powers that flow through these letters—which are divine sigils—and why they flow through the letters. It will also give you deeper insight into the issue at hand.

The way they work is by changing the frequency around you by carefully inscribing the chosen name and placing it in the direction where it wants to go. Let the name find its own direction by carrying it around the house until it indicates where to place it. However, if it is strong in your fate path that you need to go through something, it will not work: the powers of creation and destruction<sup>4</sup> will not work against those same powers running through your life. Usually when that happens, when

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<sup>4</sup>Of which the Divine names are a part.

you look back a couple of years later, you can see how important it was at that time that you went through difficulties.

All magic, when it is working with the flow of creation and destruction, will work well. When it flows against it, or works outside of that flow of power, you get failure, weak results, or it creates a complex mess in your life.

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### *Simply asking*

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If you work magically with inner contacts and thresholds, and also work in service when asked, then simply asking is the best way to get help when you really need it: this will keep it within the flow of creation/destruction and your own fate pattern.

The ritual way to do this is to open all the gates, connect with the contacts, then tell them what you need, why you need it, and ask if they can or are willing to help. If you really do need whatever you are asking for, then a contact will likely step forward and let you know that they will help.

But ritualizing it, rather than simply asking, can make it weaker rather than stronger. Don't ask why, as I have no clue; it is just what I have experienced over the years. I have also observed this with others. In times of major crisis, I found simply asking worked. Let me give you a couple of examples from my life of when I went into meltdown from being under too much pressure from too many directions.

One time, when I was in my thirties, I felt like I was buckling under the pressure of work, children, and general hardship.<sup>5</sup> I went out in nature to walk and think, and I got myself in a very emotional state. In that state of meltdown I cried out in my mind for help. A stillness came around me, the wind dropped, and I heard a voice with my inner senses saying "*you have a healthy body, food in your stomach, a roof over your head, and healthy children. Why are you crying out for help? You asked for strength.*"<sup>6</sup> Well, *this is your weight training, so get on with it.*"

It was not my subconscious talking to me but a more profound voice:<sup>7</sup> it was what some magical people would call the Holy Guardian Angel. I was basically being slapped for being a whiny child.

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<sup>5</sup>I truly had no clue what hardship was at that point.

<sup>6</sup>I had, a year before.

<sup>7</sup>My inner senses were suddenly and unexpectedly on full alert.

I felt a bit angry at the response—I was still a kid—but I went home and continued to toil away. Over the following two years I went through a series of really tough trials, but that voice stuck with me, teaching me that strength comes from adversity... and boy did I get strong. It helped me deal with what at the time seemed unsurmountable difficulties, but looking back now, they were very necessary and put me in good stead for my later magical work that demanded real strength.

A few years later I really did hit my wall of endurance and could not take any more. I sat down and felt into the flows of creation and destruction in my own ritual pattern. One side of it was blocked, so no new creative pulse could flow into my pattern: I was backing up with an overflow of destruction. I had no idea what caused it or what to do about it.

Once more I called out using my inner voice, saying that I really could not take any more. Again the stillness surrounded me, the winds dropped, and I was enveloped in energy. I stated that I had tried my best but I no longer had any reserves to draw on within myself.

Once again the voice came and said: *“So now you know your limitations.”* A hand appeared in my inner vision and I took that hand. My life changed dramatically four weeks later and I was moved out of the very difficult situation and set back on my fate path. I needed to learn what my own limitations were: what I could do for myself, and more importantly what I could not do for myself. The inner flow of my pattern was restored to a constant flow of creation and destruction, and I was once more stabilized in the centre as the fulcrum.

The income I needed came, the home I needed came, the work I needed came, and a whole new vista of learning opened up. I would not have been able to draw the knowledge and skill from that new path of magical learning if I didn't know my own limitations. I would have ended up killing myself.

When life or your own self is holding you back, the angel will walk the difficulty with you<sup>8</sup> but they will not lift that difficulty from you until you have learned everything you need to learn in order to progress another rung up the ladder.

However, when magic has been used to hold you back or destroy you it is a different ball game. If your fate path is strong enough to withstand

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<sup>8</sup>You must learn destruction before you can begin to put your hands into creation.

the attack you can ride it out until it becomes irrelevant. If your fate path is not sufficiently creative, it will destroy you if you do not deal with it: creation balances destruction.

Simply asking will not work: what a human puts magically on someone must be magically removed or magically neutralized. If you are working as a Quareia initiate works, you can simply adjust the frequency around you. Most often that is enough. If it isn't, there are many different ways to deal with it, all of which you either have already learned or will be learning.

Staying with the theme of money as an example, here is another example from my crazy life. A magician from my past was hellbent on revenge. One of the things he tried was to shut me down in all areas of my life. Some I overcame by simply making them irrelevant. One aspect that was critical, though, was income. I was being blocked at every step of the way from earning an income.

When I used divination to see what would happen if I just forged forward and ignored what he had done, the picture did not look pretty at all. So rather than get into complex magic I simply drew upon the Divine names.

I handmade a calligraphy of specific Divine letters that I had chosen carefully, and sat down to meditate. I meditated on necessity, balance, creation, and destruction. I accepted that I was willing to walk any path that was my own fate, no matter how hard it may be, and that I knew my limitations. In this way I accepted and reestablished my own flow of power.

Then I meditated on the magical work I had committed to do, and the magical block on my resources that had stopped me moving forward. I meditated without emotion on the fact that a person was using magic to block my flow of power and resources, and that this was not acceptable. I also meditated on the fact that I needed help to overcome this block, and that by putting up and reciting the letters I had triggered a magical act.

Finally I recited the sounds of the letters around the house, and ensured that the calligraphy was in the right prominent place.

It worked, and within a week all the resources I needed arrived. Note that I did not ask for the magic to be removed; I simply worked with the Divine power of creation and destruction in the form of letters to open my path forward, thus negating the magic used against me. I essentially triggered a stronger, higher frequency around me that drowned out the

hostile magic and negated it. You do not need a nuclear bomb to crack a nut.

One of the major keys in magical actions is to be able to ‘view’ the power flow of creation and destruction that is constantly around you and to check that it is balanced. If it is, no matter what you are going through, it is taking you to a certain point in your fate pattern. However if it is not balanced and you are having problems, you know you have to act. In the practical work we will look at ways of checking that flow.

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*Task: Meditation and ritual on your flow of creation and destruction*

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The key to understanding how something is truly affecting you at a deep level is to learn how to sense when your flow of creation and destruction has been blocked, altered, or interfered with. Think of this flow like your arterial blood flow: it is critical to your survival and it is the energy that feeds and enlivens your fate pattern/web. If something is affecting your life badly, but your flow is still good, then the issue can be overcome through practical action or minor magical adjustments.

However if this critical flow is interrupted then you may be in for serious problems, which will then need magical or inner action. The way to view this flow is to embed the pattern within yourself, which you have slowly been doing through ritual patterns in your training. Now it is time to take matters a step further and embed this flow pattern deep within your consciousness, so that it is easier for you to be alerted when it goes wrong. This is done through ritual patterning and meditation.

In your workroom, light the lights, open the gates, put out the tools in the directions, and greet the contacts on the thresholds.

Go to the east altar. With your inner vision see the flow of creative energy come out of the east and flow through you to the central flame. Once you have a sense of this, turn and go to the central altar. See the flow going into the central flame, the fulcrum of the work space.

Using your inner vision, now see that flow go from the central flame to the south and vanish over the south threshold. While you are aware of this, also be aware that the flow from the east to the centre and from centre to south is a continuous flow that is always there.

Go and stand before the south altar. Be aware of the flow from the central flame: it flows through the left side of your body<sup>9</sup> and over the south threshold. See a flow come from the south directly to the west altar and pass over the west threshold.

Now go to the west altar. See the flow come back from the west and flow into the central flame. As you see this in your inner vision, walk to the central altar from the west and sense the flow from the west flowing through your right side.

Now go back to the centre, with the altar before you and the south before you. Sense the flow leaving the central flame and going through your centre and vanishing over the north threshold.

You have worked with this flow before; now you need to deepen it within you. Stand in the centre as the fulcrum of your fate pattern, and 'see' the whole flow in continuous action: east to centre, centre to south,<sup>10</sup> south to west to centre, and centre to north.<sup>11</sup>

Get a strong inner visual sense of the flow all around you. Be aware of the Light of the Light Bearer behind your left side and the Darkness of Restriction behind your right side. If any of the flow is weaker or slower, use your powers of imagination to move it along.

Now add in the sense of the stars above, the Underworld below, and the Divine spark, the flame of vital force, in your centre. Stand in that flow, and in that sense, until you feel ready to sit down.

This flow is the higher frequency of power that feeds into your fate web. You can also, if you can, visualise your fate pattern layered beneath the flow of the power.

Once you sit down, close your eyes and be still. Slowly let your inner sense of the flow around you strengthen as it moves around the directions. It is a constant motion of flow from creation to future, from future to breaking down/destruction, to composting and burial in the Underworld/past. Stay in this meditation until you are ready to stop. When you have finished do not close the directions down, simply put out the lights and put the tools away.

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<sup>9</sup>You are standing in the flow.

<sup>10</sup>Creation and future.

<sup>11</sup>Destruction and composting.



Build up in your meditation an inner visual sense of this flow. Whenever you meditate, include this sense of the flow. When you have a moment to be silent at work or at home, with your eyes open, recover the sense of the flow around you in your imagination. If you do this regularly with eyes open, you will tune to it at a very deep level. If something disturbs it, you will feel it.

A few days ago, in the middle of writing this lesson, I felt a strong disturbance in my flow. When I tuned into the flow, I found something backing up the power in the south which was slowing it down. I could not sense what it was, so I did a reading.

The reading showed that something I am working on magically had become imbalanced at a deep level and was going to affect my future.<sup>12</sup> Through meditation and divination I realised that a magical action I had been working on had become imbalanced by one of my actions. I had extended the magical action to include the land, when the land didn't want or need it. It was irritating the land, and in turn beings that flow through this land were trying to block me from my own stupid interference.

When I realised what I had done I adjusted my work and the pressure came off immediately. My south flow was restored and the land got humbled apologies.

Sometimes the block can be that simple, yet it can have profound implications for your future. By working on the land magically when it didn't want it, I made myself a threat to the land. So the land beings blocked my future, which in turn backed up my flow, which would have manifested as serious long-term complications for me.

The act that I worked on was fairly simple and benign in my eyes—so never assume that something you consider simple will not have far-reaching effects on others. The reverse is equally true: don't assume something that affects you powerfully will also have power elsewhere.

In terms of power and energy, I had ring-fenced something that didn't need or want it. That would have created a threat to the flow of power for that bit of land, and so the beings who defend it sprang into action. I inadvertently created an imbalance in the flow of the land itself.

You (and I) will always make silly mistakes, and you will never grow out of them, simply because we truly know so little, no matter how much

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<sup>12</sup>Hence the blockage in the south.

we think we know. Just learn to identify your mistakes and always act to put things right. This way the flow is restored and no damage is done.

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## *Readings*

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When you wish to see what could be blocking your flow of power, or whether magical action is needed, you can use the layouts you have already worked with. Choose your questions carefully.

You can also use an altered version of the four-directional layout you learned right at the beginning of your training.

To use the four directions in a reading with this pattern, though, you need to *reverse* the positions of the cards.

The east will be the first card you put down, and you will put it down to your left.<sup>13</sup> South will be at the top of the reading, west to your right, your Scales cross the central card, and finally north goes at the bottom. This way, the reading is lining up with your ritual patterns and power flow. When you shuffle, simply ask to see your current flow of creation and destruction, and the dynamics of that flow.

Look at the power coming into the east (the first card you put down), then your centre/fulcrum (the second card), then the south (third card), then the west (forth card). Then use the next card to cross the centre card (fifth card: what has been harvested and weighed on the scales). Finally put down the north card (what has been destroyed or placed in the past). Working this way will also add to your understanding of how the magical directions and the compass directions are two different things most of the time: magical south is always before you, regardless of where compass south is.

Map out the layout, draw out the layout, then work with it to look at your present flow. Don't overuse this reading on yourself by constantly checking your flow; use it only when it is really necessary to keep its efficiency.

If you over-read on the same subject<sup>14</sup> you will narrow down what you see and will not get a clear overview. Do it once for this lesson to see

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<sup>13</sup>Before you is magical south.

<sup>14</sup>In any reading work.

your current flow, and after that use it only when your flow is disturbed, or when you wish to check your observations with the flow of someone or something else.

If you use the LXXXI Quareia Magicians deck, the cards will also indicate what beings are transporting/involved in that power flow. This will give you more ideas as to what is forming and why. It will also warn you if someone is interfering in your flow, and indicate who they are.

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