



---

## QUAREIA—THE INITIATE

Module VI—Angels and Demons in  
Depth

Lesson 4: Angelic Bridges and  
Thresholds

---

BY JOSEPHINE MCCARTHY

# WELCOME

*Welcome to this lesson of the Quareia curriculum.*

*The Quareia takes a magical apprentice from the beginning of magic to the level of adeptship and beyond. The course has no superfluous text; there is no dressing, no padding—everything is in its place and everything within the course has a good reason to be there.*

*For more information and all course modules please visit*

[www.quareia.com](http://www.quareia.com)

*So remember—in order for this course to work, it is wise to work with the lessons in sequence. If you don't, it won't work.*

*Yours,*

*Josephine McCarthy*



---

## QUAREIA—THE INITIATE

### Module VI—Angels and Demons in Depth

#### Lesson 4: Angelic Bridges and Thresholds

---

Now that you have an understanding of what angelic bridges and thresholds are, you can start to work with them in ritual. Angelic bridges and thresholds are worked with in magic when there is a need to *contain* a force, *filter* a force passing from inner to outer, or *bridge* a force into a pattern or space.

They are not used all the time in magic: only when there is a great force being worked with and the pattern or working serves a wider purpose. You would not work with them consciously for lesser and regular magical workings.

For instance, the Egyptian deity ritual/vision brought into the space deity forces that can be dangerous or overwhelming if they are not *stepped down*, which involves filtering their power through an angel so that the deity's full force is not released into the space. That ritual worked with creative and destructive powers to trigger regeneration and release it into the magical pattern.

How much power is released in that ritual largely depends on the individual magician doing the ritual. As an initiate, it is likely only a fragment of power was released.

However there are always natural magicians, so the angelic thresholds and bridges were put in place just in case. If you revisit that ritual when you are close to finishing your adept training, a much bigger force will be released into the working and into your own life. It acts as a catalyst for change and how much power is fed into that catalyst depends on where you are in your life, what is necessary, and what ritual and vision work is already embedded within you.

Most true magical rituals and visions work this way: their power deepens as you become more 'magical.' Many of the early rituals in the course can be revisited as an adept and you will tap into much deeper forces and patterns because you have changed so much from an inner perspective: the hidden deeper layers in the ritual trigger the deeper layers within you.

Angelic contact and power cannot be controlled or forced: they turn up when everything is in place and working at the right frequency. If an adept magician is about to become sick, or their tide is out for something coming in the future about which they are not aware, the angelic forces will not appear. This is to protect you from their power: the magician is the fulcrum for such magical work and if the fulcrum is not stable for whatever reason, the connections are not made.

However when the adept is in sore need of these angelic forces (but is maybe not aware of it) they will show up anyway, as the patterns of 'call' and magical pattern are already in place in the adept. I have had this happen a few times: I have gone to do a simple magical short-term action and suddenly huge amounts of angelic power has turned up and triggered the magical action into full swing. And then few days or a couple of weeks later I realise why: the simple working was acting as a bridge for something far more powerful and long-term to come through.

---

### *A bridge or a threshold?*

---

Though bridges and thresholds are from the same 'type' of angelic being, the action has subtle but powerful differences in magical terms.

A bridge literally bridges something from A to B. This can be from one realm to another, from the Underworld to the inner realms, from outer to inner or inner to outer, or from one place to another place: working in

vision that angelic being can bridge your consciousness from one place in the world to another place. They can also bridge across time, and between the stars and the earth.

When you work in vision and pass from one place or realm to another, these angelic beings work passively with you, with very small amounts of power. Nothing moves between realms and worlds without these beings. But when you progress from working passively and unknowingly to consciously engaging these beings, the power levels jump up considerably and the work becomes more focused.

Thresholds are like gates: they either let something in and put force behind that transition, or they stop something moving beyond a line.

Again, in magic every time you cross a threshold from one place to another you are moving unknowingly through one of these beings. But that is a passive action that the initiate or apprentice is generally unaware of. Once the initiate develops and is able to work with these beings consciously, their awareness of these beings intensifies and the power behind the action steps up. As an adept the magician becomes aware of angelic thresholds which are active out in the world or in the inner worlds: they are all around you, and when you step into an ancient temple or sacred place you begin to feel and be challenged by these thresholds.

Angelic thresholds and bridges also hold patterns in place: they will deflect interference or impact, and they contain a magical action within the pattern to stop it spilling beyond the remit of the magic. Again this dynamic only comes into play when the pattern is necessary for a wider reason, and usually triggers with magic of wider fate patterns, constructions, or when a key life is under threat.

If the magic is not at the right frequency, however, they will not trigger. For example, magic that is always externalised and has no inner connection will not trigger these beings.

Some angelic beings in this dynamic will only be thresholds, and others will only be bridges. But some will act as either depending on the situation.

They are also deeply connected to the angelic beings that make up the Ladder: they are all about movement of power and consciousness from A to B. Before you begin to work directly with the Ladder in your later

training, working with the thresholds and bridges prepares your mind and body for the impact.

To help all of this make sense to you, we will look at some practical examples that define the difference between a threshold and a bridge.

---

### *Example A*

---

Staying with the Egyptian ritual you did, we worked in that ritual with angelic thresholds. These were not put in place or actioned by the magician; they were put in place by the four goddess powers that you worked with and assisted. This ensured that the power level was only what was needed, and that the thresholds held or released power in levels that were necessary and no more.

The deities from a stable pantheon, working in the right way and in the right directions with the magician, act as power governors and filters. This is an important point. The male deity powers that came up to the thresholds are powerful indeed: by letting the goddesses do their work and not trying to control them, what was needful was allowed into the room and what was not was withheld.

Why goddesses and not gods? Goddesses by their female nature are vessels, containers, holders of power, and weavers of power: they input, whereas the male power outputs. When you have two opposing male powers that draw on the root powers of creation and destruction, and you need the power controlling and containing, angelic thresholds will do that containment. As an initiate, having a goddess or four working with you is what you need: the understanding that deities have regarding human frailty will ensure that the angelic thresholds will not let through more than you can handle. At an initiate level of training, deciding what you can handle is not truly within your capabilities: know your limitations! Remember, the angelic beings that form thresholds, bridges, and ladders have no understanding of a living human's physical frailty: they work with power, not human consciousness.

The powers of Set and Djehuty were limited behind the thresholds so that they could not flood into the space. You do not want these two root powers of creation and destruction swimming about in your magical space—it is almost impossible to contain them.

And that is the other important point: these thresholds let aspects of the deity to power flow or be present, *but they do not let the deity in full to step into the room.*

The power of Osiris, for example, is vast, and to have that deity step fully into the room, when the magician does not know what they are doing, can have all sorts of difficult consequences—including triggering a death pattern.

In this case, aspects of Osiris were allowed into the room, but not his full force. This is why the male deities' presence was noted but they were not directly communed and worked with: the conscious presence of their power was enough.

Most magical patterns that include deities only call on their power, not the full deity themselves—though many magicians who call deities in ritual do not understand the difference. In human terms it is like having someone's voice in the room but not the person themselves. A voice can only communicate; the full presence of a person in a room lets them have physical action. And while a voice can swear at you, a fist can *punch*.

The only deity in that ritual pattern that was allowed access to step fully into the room—if she wished to—was Seshat. She is safer as a presence because she is so close to human life and the human condition. Her whole power is centred on humans and communication; the deities in the other directions are root powers with a wider expression in creation: they are active in all life, not just human life.

When a magician decides to trigger the thresholds themselves initially rather than working with deities, the threshold being will work from what the magician knows and asks for, and from the *set point* of power levels in the magician.

If the magician knows nothing, nothing happens. But if you have already worked the ritual with goddesses, *the body of the magician remembers* the levels of power that were filtered into the room. This becomes a *set point* of power reference for that ritual, and the angelic beings can draw from your *set point* to gauge how much power to let through. After that, it can be worked without the goddesses if necessary. But for each new pattern and new set of thresholds, if root powers are to be worked with in directions, then it is wise first to work with goddesses before moving on to working without them.

This is why a lot of magic works in collaboration with many different



types of beings: you are a link in a chain and part of a team in most magic, which keeps all aspects of the powers suitably contained and in their right place.

---

### *Example B*

---

If the Egyptian ritual had worked with bridges instead of thresholds, then all the deities in the directions would have been fully present in the ritual. If you indicate to an angelic being that you want something bridged from A to B, then that is what will happen: there is no containment in the action.

To do such a thing would be unwise unless you were in a properly contained sacred temple where those deities are housed and looked after.

And deities don't always go after the ritual: when a deity is bridged into a space and they decide to stay, then they will stay. Bridging from A to B with deities tends to be more permanent and they will not be contained in a magical space: they will flow out into the world if they feel it is necessary. Sometimes there is a magical need for this, and it is usually facilitated in service by adept when necessary.

Other beings will happily bridge into a space via angelic bridges and withdraw when the working is done. But until you know how you would contain something if it went badly wrong, it is best to work with thresholds where deities are concerned.

In the Egyptian ritual, if you had bridged Set, Osiris, and Djehuty into the space, then you would have put into the space a pattern consisting of a trigger of creation (Djehuty), a power of regeneration (Osiris), and a power of destruction (Set). Those powers would be free to flow out onto the land around you.

Though these three are a balanced trio, if they flowed out into a heavily unbalanced land, and previous work had not been done to prepare the land magically, then one of those deity powers could become more active than the other. While in the long term this would bring balance, in the short term it could be a painful transition for everyone and everything.

For example if there were a strong power of destruction on or within the land, then releasing Set into the picture would lean on that destruction.



If there was not enough regenerative power within the current fate pattern on the land, then essentially the power of Osiris would get drowned out. This in turn would mean that the rebalancing would come, eventually, from *destruction burning itself out*. That could take years...or even decades.

To release such powers out on the land, you would usually work first with the land beings, the consciousness of the land, and the inner landscape. Then angelic thresholds would be put in place to organise and distribute the power in accordance with the pattern of land beings and the consciousness of the land itself. You cannot just release such powerful root deities using magic unless you have prepared the ground for their power.

So you can see that there the magician has a responsibility to take care over their actions, to work with other beings, and to work with power levels that suit the job at hand.

The pattern with the deities and thresholds releases just enough power to trigger an already present pattern, nudging it towards regeneration: you don't use an atom bomb to crack a nut. And that level difference of power largely depends on the angelic beings worked with and how they are worked with. They are the limiters and release mechanisms for power, as well as the gatekeepers, filters, and containers.

---

### *Task: Ritual 1*

---

Before you do the ritual, read through this brief, then visit the Inner Library and ask for advice and help for learning how to do this action: let them place the understanding within you.

Write out the ritual first, using what you know already of the ritual and actions, and convert it according to the brief. Add or change words and actions so that it is defined that you are not working with deities, but with powers compatible with those deities. You may find that as you work you have to make changes and adjustments in practice that you had not foreseen when writing it. After you have done the ritual practically, update your script with any changes you made on the hoof.

## Brief

Revisit the Egyptian ritual from the last module, but this time, rather than ‘seeing’ the deities in position in the cross-quarters, externalise that visionary action by simply having an awareness of their type of power in those cross-quarters, and call upon the threshold angels, by way of their direction and action<sup>1</sup> to create the threads/thresholds, and then ritualise the action by drawing the defined threshold in the air with your hand.

The cross-quarters are actioned by the power of something, not a deity or being: so you will need to think about the cross-quarter powers that will anchor the threshold angels: what sort of powers were in the quarters in the forms of goddesses?

For the directions, instead of the deities, call upon the forces used in that ritual.<sup>2</sup> Call upon the Weaver of Fate from above, and when the power of regeneration is housed in the central flame, turn your back to the central flame.

Starting by facing east with your back to the flame, face each direction in turn and call for an angelic bridge in that direction to release the contained power of regeneration through you and out onto the land only as is necessary.

The bridges will work from the central flame out into the directions, one bridge for each direction. They will bridge through you as you face a direction: be aware of the power flowing through from behind you and out into a direction. The fact that you are also acting as a bridge will step down the power: you are learning, not reshaping the world!

The thresholds hold, filter, and contain the power of the directions in the space, and the bridges allow passage of the central power out of the space and into the physical world. There are no deities, simply powers and angelic beings.

This ritual teaches you how to draw inner power to a threshold in a magical space, and how to bridge power held in a magical space out into the world working with angelic forces. It is an exercise that can build with practice to become an actual magical action. It may work straight away as a magical action (you will feel it and your body will feel it for days after), or it may only be an exercise for a while, until you are ready for the powers to actually flow.

<sup>1</sup>Threshold angel of the east, for example.

<sup>2</sup>Destruction/south, regeneration from the depths/north, utterance/Word/east, the Inner Library/west.

If it does not work straight away and you cannot feel it, repeat it no more than once a week until you *do* feel it working. You can repeat this exercise once a week as you continue with the next part of your lessons/modules.

Once you have felt it work, do not repeat it until it is truly needed by the land/people around you: too much regeneration can become destructive.

The above method works as a step down from the original ritual, in that it draws on specific qualities of power/energy, but in a faceless way. It is filtered by the thresholds, and the bridges are given the brief to bridge only whatever is necessary. This is for two reasons, the first being that the angelic bridges will act as a power governor and will only let through what the land/community actually *needs* to trigger rebalance. They will also work from your set point of power capability, as it will be already set within you from when you did the ritual with the deities.

The second reason to learn this action is that it does not involve any deities directly. This means that the 'brief' of their personalities are not imposed on the land; the ritual simply releases power that the natural deities inherent in the land can work with.

You are learning the mechanisms behind the original ritual, and learning to do it in a way compatible with any land. Once you take the deities out of the ritual, then although it works with less power it is more generic and therefore can be applied anywhere.

Whenever you learn a powerful ritual it is always good also to learn the core, energetically generic version. Not only can this be applied in different ways, it teaches you methods of construction.

---

### *Task: Visionary ritual*

---

To do this ritual you will need markers for the outer planets: Jupiter, Saturn, Neptune, Uranus, and Pluto. You have made these in the past—they can take the form of cloth sigils. You will also need five extra tea light candles.

If you have a floor upon which you can draw chalk lines, then you will need white chalk. If not, use plain string—in which case you will need a ball of string and some scissors.

You will also need a cloth shield with the tools, powers, and your natal planets marked out on it using the method you have previously learned. If you still have your cloth shield, use it. If not, redo it. You are only working with the slower, larger planets whose influence is over long-term patterns.

You will learn this ritual and visionary action by working on your own pattern. Once you have learned it, you will then see how it can be applied to the land, another person, or a building.

Set up the work room but do not put in a central altar, as you will be in the centre. Put the tools in their directional positions and the cloth shield on the floor with the hexagram facing south. Place the planetary sigils in their current position in relation to your chart.<sup>3</sup> Place the cloth sigils on the floor and have them facing south unless any are currently transiting retrograde, in which case have those facing north.

Starting with the planet nearest the east altar, and moving clockwise round the room, either draw a line or position a length of string from the first planet to the next. Repeat until you have individual 'threads' connecting the transiting planets round the room. When you come to the last planet, run a thread from it to the first one so that they are all connected.

Now place tea lights on top of each planetary sigil.<sup>4</sup> If a transiting planet falls directly in a direction where there is an altar, place the tea light on the altar regardless of the candle already there.

Go to the east and light the altar light. Open the gate and greet the contact on the threshold. Repeat in the other directions until all four directions are lit and the gates are open.

Starting in the east, light the first planetary candle that falls on or after the east altar, then work clockwise round the room until they are all lit.

Sit in the centre facing south and still yourself. Go into the Inner Library, to the Temple of Planetary Spirits. Go out on the platform and stand there, being aware of the planets all round you.

---

<sup>3</sup>You already know how to look at current transits in relation to your natal chart.

<sup>4</sup>Before you light any of the lights, ensure that you are not wearing any clothing that could touch the candles and set fire to you.

Hold up your left hand to the planets around you and remember the sigil of the Angel of Utterance. Ask the angel to help you learn. Once you have a sense of the angel, focus on the first planet in the clockwise pattern on your floor. Remember the name of the planet and call out for the angel that bridges the consciousness of that planet to humanity and the Earth. Call out that you are learning about power and fate patterns.

Now listen. The angel working with you will put a hand to your ear to change your hearing: listen for the subtle tone of the planetary angel. With the tone will come a hand that reaches down from above (Weaver of Fate/Creation), draws a thread from the planet, and hands it to you. The thread will be heavy energetically.

Open your eyes while maintaining the vision. Take the thread, physically go to the planet sigil on the floor, and anchor the thread in the flame. See the thread in your imagination coming from above, down into the room, and anchoring in the flame. These are the bridges. Now run a thread of light from the candle of the first planet to the candle of the second.

Repeat the whole process for the other planets until they all have threads from above, and they are all connected.

Once they all have threads, with eyes open but keeping an awareness of still being out on the platform, go to the east altar.

Using your left hand, first draw the sigil of the Limiter in the air to the left of the altar, then from that sigil draw a line in the air across the altar's threshold from one side to the other.

Say:

"The angel of the east threshold, welcome."

Repeat the same action in the west with your right hand, drawing the sigil of the vessel and welcoming the angel of the west threshold.

Go and stand in the centre, facing north. Cast your mind deep down to the Stone at the centre of all things. Reach down with your mind and draw a thread from the Stone. Bring it to the surface and anchor it on the floor in the centre, while also physically walking to the north altar, receiving a thread from the north, taking it to the centre, and anchoring it in the centre of the room. You are using physical movement and action

in one direction while also reaching down into the depths in your mind to draw up a connection.

Once the lines of below and north are anchored in the centre, turn and face south. Call upon the Companion from beyond the south gate. See in your mind the Companion appear at the south threshold. As he walks into the room, the path of black and white comes with him.

He will walk right up to you in the centre, and the path will stop there. The Companion will walk around you and stand to your right, with the Angel of the Utterance still at your left shoulder. Both angels reach up, collect a thread from above, and anchor it in the centre, pulling the thread down through your body and connecting it to the path and the threads of north and below.

Starting with the first planet you are going to call the planet power that will be bridged into your pattern. The angel to your left makes a sound, which is a call of the first planet. Physically turn to face that planet's candle and make the call with your own physical voice. It will be a sound rather than a word. Just let the sound come out of you; don't try to form it by thinking of a tone or word.

As you make the sound, see a thread of light flow from that planet's candle and anchor at your feet in the centre of the room.

Repeat the calls for all the other planets until they all have a thread of light anchored at your feet.

Stand in the centre with your eyes closed and see all the connections: the thresholds across the altars in the east and west, the connections running between the planetary sigils/lights, the threads from the planets down into those sigils, and the axis of power threads from below/north, and above/the south path. This is a pattern of your current planetary influence, brought to life by angelic threads, thresholds, and bridges: it anchors, informs, and contains your current fate pattern.

Once all is in place, with the angel to your left and the companion to your right, feel the powers of the Light Bearer and Restriction build behind your left and right shoulders, behind the angels standing at your sides.

Once you have a sense of these powers, and of the pattern surrounding you, still yourself and feel yourself at the centre of all things. A sound

will build within you, a deep, instinctive call. Open your mouth and let it come out. It is the first call of recognition of your Holy Guardian Angel.

Once you have made the call, be still in the silence. You will feel a power build behind you. Do not try to connect with it yet, just be aware of its feel. As soon as you feel the power behind you, cast your mind from it and to the pattern that you stand within.

Starting in the east, with eyes closed using inner vision, look in turn at each of the pattern's cross-quarters. Where you perceive a weakness or dullness, focus on it. Be aware of the candle nearest to that dullness, be it directional or planetary, and see the candle's light grow bigger and brighten the dullness.

As you do this, you may be aware of other candle lights growing brighter or the threads beginning to glow: the pattern of angels, planetary spirits, bridges, threads, and thresholds will respond in whatever way is necessary to strengthen the pattern's weak points. The energy resource is moved round the pattern to keep it balanced.

Work your way round the pattern in your mind until it is balanced and each area of the pattern has the same light balance.

When it is balanced, open your eyes and if you have been sitting, stand up. Look at the different planetary candles and think about each planet, and what one word would sum up that planet for you (discipline, strength, resources, action, and so forth).

Go to the east, bow, and say:

“Powers of the east wind, I ask you to blow into this pattern, that it may hold your light and life.”

Go to the first planet light and say:

“[Name of planet], add your power of [word for this planet] to the power of the east wind.”

Then you are going to go round the planets, and with each candle you are going to say the planet's name and ask it to add its specific power to the powers of the previous planet/s and the east wind. By the time you



get to the last planet you should be reciting all the names and powers of the planets, asking them to add in their power to the previous planets, and also the east wind.

When you have been round all the planets, go to the west altar, mark the sigil of the vessel in the air, and ask the power of the west to contain and protect this pattern of fate, angels, and planets.

Finally stand back in the centre, see the path going into the south, be aware of the angels and the Holy Guardian Angel behind you, be aware of the planets around you, and be aware that this is the overall pattern of your current fate path, with the assistance of the planetary powers around you.

Lie down in the centre, feet facing south. Remember the platform out in the stars, and merge the vision of the pattern with which you are working with the vision of the platform with the planetary spirits all around you.

See yourself standing on the black and white path that leads from the centre to beyond the south; but do not see yourself walking beyond the southern threshold. Be still and drift in the silence of these two places. Let your subconscious mind, your body, and your spirit soak up the pattern.

When you are ready, wake up, get your journal, and write out any observations. Also draw the pattern of the planets and their threads so that you have a map of the layout on the floor. Put the date and time on the map so you can refer back to it.

Start closing the room down and place the string, if you used it, with the cloth sigil of the planet it was connected to: it may come in useful.

### **About this ritual**

That ritual/vision internalises and externalises the power of the planetary pattern you are currently in. It strengthens it and clears it, so that any external interference in your fate pattern will be cleared—or at least severely weakened.

Connecting magically with angelic powers of different kinds, along with the planetary spirits and the positions of the pattern, reaffirms, re-establishes, and brings into focus the powers around you in terms of fate, energetic weather, and resources.

You will see how this can be used for a person, place, or building. Whatever is susceptible to planetary movement can be assisted with this ritual. The magician could do this using the pattern of a place or person to strengthen and anchor their fate/energetic pattern. The magician would act as *operator* within the pattern, with something that would act as an *anchor* for the person/place situated in the centre of the room.

If there is something deeply wrong with the pattern of a place, or a person's vital force, then it will become apparent during this ritual so that it can be identified and worked on.

This ritual works with various types of angelic beings and powers, and once the magician knows what they are doing, and has worked enough with them, then it can be a very powerful ritual. It does not change a fate; rather it strengthens and upholds what is already there... it plugs someone or something back in.

---

### *Task: Metatron Cube work*

---

Redraw the Metatron Cube with the understanding that each line is an angelic threshold or bridge. Draw it in relation to the directional pattern in the work room (i.e. the top is south). Also keep in mind the Egyptian ritual you worked with. It will show you pathways of root powers either contained by thresholds or transported by bridges.

Remember these lines are exclusively *angelic* patterns. They do not show deity gateways or paths of magical work. This is the *wiring map* of angelic power within and for a vessel, be it a person, a place, or physical work. Meditate as you draw the cube, and think about all the different dynamics and interconnections between powers, directions, and quarters that it shows.

---

### *Task: Honeycomb work*

---

Look at this image of a honeycomb in relation to a human working magic. Perceive each section as a magician working the east/west axis in a magical space, with the root powers of south and north being the flows of Divine polarity (up/future, down/past).

Each unit of the honeycomb pattern is contained and not interconnected with the next unit: the magician, or small group, works independently and in a complete way, but each unit resonates and fits neatly together with the units closest to it. Together, this creates a strong stable construct.

This is an organic pattern that can be used by streams of magical systems to create a working hive of magicians rather than relying on a vast magical organisation—and all the problems and infighting that it invites. Better to use an older pattern, such as the honeycomb, which has operated successfully since ancient times. Each unit is fully independent, yet fits perfectly with all the others.

Look at the pattern using the ritual knowledge you already have. Think about the dynamics of angelic thresholds and bridges as you look at how the pattern fits together. What lines of one unit make up the lines of another unit? How would power flow from one unit to the next? What are the directional dynamics? What threshold for one becomes a bridge for another?

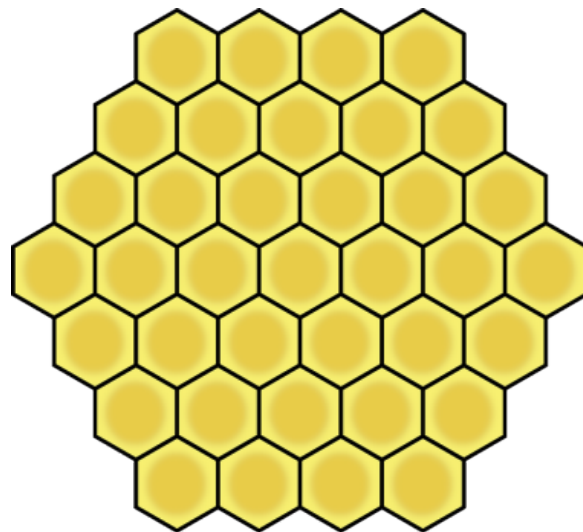


Figure 1: Honeycomb

QUAREIA

---

## COPYRIGHT

© Josephine McCarthy 2015

All rights reserved. No part of this publication may be reproduced, distributed, or transmitted in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, without the prior written permission of the publisher.