



QUAREIA—THE INITIATE
Module VIII—Magical Healing
Lesson 2: Emergencies

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WELCOME

Welcome to this lesson of the Quareia curriculum.

The Quareia takes a magical apprentice from the beginning of magic to the level of adeptship and beyond. The course has no superfluous text; there is no dressing, no padding—everything is in its place and everything within the course has a good reason to be there.

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So remember—in order for this course to work, it is wise to work with the lessons in sequence. If you don't, it won't work.

Yours,

Josephine McCarthy



QUAREIA—THE INITIATE

Module VIII—Magical Healing

Lesson 2: Emergencies

Sometimes in a magician's life you are put in the path of an ordinary person who is going through a medical emergency. When fate paths collide this way, there is often a job to do to help the person. You may need to help their body fight the situation, or facilitate something deeper in their spirit.

These jobs are not always about healing the person's body; sometimes they involve helping to heal their spirit before they go into death, so keep that in mind. Your intention should be *to give them whatever they need*, not specifically to heal.

When you are put in the path of an emergency situation, your job is not to be a substitute for medical care; rather it is to work on their underlying inner system so that it responds better and has a better chance of doing what it needs to do. The situations I have crossed paths with have tended to be injuries from accidents or physical attacks, sudden massive infections, rape, and mental health breakdowns (which needs a different approach altogether). Each time I worked on the person on site of the incident, in a hospital, or before they were taken to hospital.

Never approach this work with a view to supplying a 'miracle cure': sometimes miraculous recoveries happen, but you will also fail at times. The outcome depends not just on your work or the doctors' work, but also on what is woven in the victim's fate path and their hotspots.

If a person is in the midst of a hotspot and your paths cross, then likely you and your magic will carry the potential for their transformation. That could mean a miraculous cure, upholding them—or their death/release. Assume nothing: you might be there as a magical presence for a necessary death, or to release them, or simply as a carrier for lines of contact that run through you. Or you could be the catalyst that turns an otherwise-fatal hotspot into a necessary experience from which they can recover.

Approach

The work must often be done quickly, using inner vision. It often happens at a roadside, bedside, down an alley in the rain, or in an intensive care unit. In an emergency situation the direct work is always inner work, often performed in very difficult and distracting conditions. This is why you have learned to work in vision with eyes open and while doing something physically: you must operate effectively in deep inner vision while also functioning physically. It is easy to work deeply in vision in a warm, comfortable, and tuned space. But working deeply in vision at the side of a freeway in the dark and rain, with noise, screaming, and panic all around you is a really tough and skilled job.

Outer or externalised magical work is done only after you have worked on the person in vision. It would be done in your own magical space to provide an energetic safety net for the person as they go through the healing process.

This work is heavy, hard to do, and can sometimes have a harsh effect on the magician. This is why you do not go looking for work: you only do it when it presents to you and you feel action is necessary. There are only so many times you can do this work before it starts to destroy you. A young, healthy, and strong magician can do this work for longer than an older magician: know your abilities, know your vital force, and know your limitations.

Most importantly, do not get emotionally involved. This is easier said than done. When you are dealing with a child who may be dying then it is tempting to push hard for their survival. This is how it should be, but you must also keep in mind that your job may be one of helping them through the dying process. Always work without emotion, and be willing to help whatever the outcome. If you are put in a situation then you have a job to do; but it is not often clear what that job *is* until you have done it.

We will look at different types of emergencies, how a magician would approach them, and what they entail. The actual techniques used will be outlined in the *Inner Healing* lesson. This lesson will brief you on the range of incidents and approaches; then in the technique lessons you will be given opportunities to practice the healing techniques. Knowing how to assess and approach a situation is as important as knowing the healing techniques themselves, as the approach sets up the magical energy pattern ready for the work.

Impact injury

These are things like car crashes or being hit by a car, a fall, being attacked with a weapon, being shot, and so forth. It is when a normally healthy person suffers a sudden and life-threatening injury. Whereas doctors and paramedics will work to fix the body, you work to fix the inner vessel and the weave that holds the body and spirit together in that vessel.

In some instances you will have to work quickly and with total focus; at other times you may have a good length of time to work while you wait for the ambulance. As always in an emergency, first apply first aid. If someone else can do that and they have the skill, then let them get on with it.¹ The inner work starts when you can do no more immediate first aid. I used to do it as I waited with the person for their ambulance, or while holding them and comforting them.

First you still yourself and go in to check their weave.² If it looks okay, then the integrity of their foundation is still intact. Usually it is, as impact does not necessarily damage the weave, but a sufficiently strong impact can tear holes in the weave, in which case you will have to reweave that section for them. If you do not, then the unrepaired tear will begin to manifest through their body which will weaken its ability to start the repair process.

If the weave is badly torn and no matter what you do it just keeps breaking, then the body is probably too badly damaged to survive. In that case you tune the inner body to the Fulcrum: see the directions around the body/weave, with above and below, and the light of their

¹But make sure you learn the basics: clear airways, do not move them, stem bleeding, and so forth.

²This is not the weave in the Inner Desert, but the octave of that weave that is the framework for their inner body.

vital force in the centre. Surround them with the powers of the directions and mediate stillness into their structure. This will uphold the spirit and plug it into the deeper powers of creation and destruction. Then if they are meant to survive they will, and if not then their passing will be centred and peaceful from their spirit's perspective.

If the weave is fine, or after you have managed to repair it, then you need to get their vital force flowing around their body. See this as channels that flow around the body filled with light (vital force). Make sure the vital force reaches from under their feet right up to above the top of their head.

If an organ is seriously damaged then that area will not light up properly. In such case focus on any fading organs in order of their importance: heart, brain, lungs, liver, kidneys, etc. With damaged organs, if you cannot patch them up, reach 'upwards' in your mind for a replacement organ and switch them over. This is working with the power of Neith, the Weaver above, who will hand you a newly woven organ. Yes, it sounds weird, but it works.

If there is internal bleeding then you will likely spot it at this point. If you see it, focus on the area and weave around it while talking to any organ spirits in the area of the bleed.

If you see damaged arteries, glue them back together. With the brain, reconnect broken connections and *take out the impact*. When a vital organ like the brain or heart has been impacted, it triggers a series of events with that organ: immune responses that can overwhelm the body (i.e. brain swelling). If you take out the inner impact then it seems to lessen the response or slow it down. You will see the impact as a moving or vibrating pattern: the impact has an inner energy/momentum that keeps it going; slowing or stopping it takes the power out of it. I sense impacts more than see them, and can feel it as a momentum in the body. You cannot stop it dead in its tracks, as it will still have energy that needs releasing. Rather you spot the movement and follow it, encouraging it to reach its peak until it releases: then you dissipate the momentum, bringing the body's own natural balance back to a fulcrum point. It is very much an instinctive action that you will have to experience and work with for yourself. If this is done quickly enough, you can take the impact right out of the area, and in turn the body does not overreact to the impact. Sometimes I have seen impacts as a vibrating pattern that seems self-contained, in which case I reach in and take it out. Again, let your deeper inner instincts rise and guide you. Just understand that you do not leave a continuing impact movement in the body: it is like a pendulum that will keep swaying back and forth until you deal with

it. That swinging triggers massive immune reactions, so the quicker you can restore equilibrium the better.

Once that is done, you can fill them with energy³ which will give their body fuel to fight with. Then you can fill them with a more surface level of energy by placing your hands on them and, feeling the Light Bearer and Restriction behind you, mediating those powers through to them. Just be careful, as if they have multiple injuries then hand pressure in the wrong place can do damage. Just holding their hand with both hands and releasing the power in them will fill them.

I once had to deal with a kid who was hit by a car right in front of me. I had ten minutes to work on him before the ambulance got there.⁴ He was badly injured with a limb hanging off. I got him breathing properly and supported his half torn-off leg, then worked through the inner sequence of reweaving, taking out the impact, talking to his organs, reattaching energy lines, and so forth, all while talking to him to keep him conscious and to calm him. He healed well and I only saw him the once, a week after the accident; I never got to work on him again in hospital. As the first session may be the only chance you have for inner healing, do as much as you can straightaway.

The sequence of action is something you should practice and memorise both theoretically and practically. When such emergency help is needed you will not have time to think: you will need to act swiftly.

Your approach would be: ensure the person is safe, and administer any needed first aid while also stilling yourself. Then do a micro-meditation: stop for a moment and 'see' your regular work space with the directions lit and the gates open. Recover the feeling of stillness in that place and of the powers that flow through it. You will only have a few seconds, so practise doing this. Once you have a sense of the directional powers, the rootedness in the earth, the stars above, the fulcrum, and all the power, then you are ready to work. If contacts turn up or speak to you, follow their guidance.

Violation

Many people think that a violation, like rape, is mainly psychological in its damage. But it is far more than that, and as a magician you can do

³Method in the Inner Healing lesson.

⁴This is why you have to learn to work fast.

much to prepare the ground for the victim's recovery. In such cases it is rare for the magician to come across the victim just after the incident; generally it is days or weeks after the attack before the magician arrives.

While the body heals from the violation, the mind and spirit often does not. Though mental issues are to be left to a trained psychotherapist, the *inner* impact and violation can cause immense long-term suffering if the attack's pattern is not taken out of the system. This is a difficult and sensitive issue, but most magicians will likely encounter it at some point. But remember: your job is inner repair, not psychological repair.⁵ Otherwise you can end up doing more harm than good.

When you work on such a person as a magician, your first role is to assess how deep the intrusion went and what it left behind. Often rape leaves disease as well as energetic links to the attacker, and the inner aspects of these must be removed first. While outer medicine deals with infection, inner work takes out the *pattern* of that infection. Many sexually transmitted diseases, both viral and bacterial, have inner elements that can remain in the body and change how the spirit, and then the mind, functions. The resonance of the disease can continue to have its effect for months, and sometimes years, after such an attack, and that resonance needs to be addressed.

If it is not then it can subtly alter a person for the long term. I presume such energetic resonance is bound up with the many beings involved in unbalanced (i.e. forced) sexual activity: parasites move in and make the host a more comfortable place for yet more parasites. The resonance acts like a runway for parasites, and also a retuner to make the person's immune system less hostile to them.

Energetically this can leave inner holes in a person's energetic make-up. It does not happen to every attack victim, but I have come across it enough times in victims to have noticed the pattern. The hole is often in the person's abdominal area (their core) from the top of their legs to just above their umbilicus. If you spot this in vision then you need to deal with it first, as this is the body's fulcrum and unless the area is cleared and rebalanced then the victim tends not to recover well. Sometimes the body does this by itself, in which case you have no reason to interfere in a natural process.

Parasites should be looked for in the body, and not only in the genital area—the spine and brain are also key areas to examine in someone who has been violated. Once the inner body has been worked on and 'repair mode' has been triggered, then you have two jobs left: their Inner

⁵Unless you are trained and experienced at working with such victims.

Landscape and their boundary.

In ninety-nine percent of magical healing you do not touch the person's inner landscape, as it is heavily linked to their fate pattern and altering it can interfere with their life path. However when someone has been badly and violently violated, or has a massive infection, the inner landscape can be worked with. Sometimes in such cases the attacker's inner consciousness (and the same goes for some diseases) imprints itself in the victim's inner landscape: they become inextricably linked. That link must be broken if the person is to recover.

Sometimes you can see the attacker in the inner landscape of a rape victim—particularly if they were violent, heavily parasited, psychotic, and driven by the need for power. While ever that resonance stays, the attacker has an energetic link to the victim. This can manifest as drained energy, constantly dreaming about the attacker, and feeling as though the attacker is 'in their head.' But be aware that these symptoms can also occur without inner resonance: it can also be part of the victim's psychological processing. *Never assume*: always look for yourself and act only on what you find. Again these methods will be outlined in the inner healing lesson of this module.

Once you are sure the inner landscape is clear and balanced then the person's boundaries must be reestablished.

We all have energetic boundaries. Some are more defined than others, and the distances they are from their bodies vary. If you try to structure someone's boundary yourself then you can end up creating one that doesn't fit properly: this will confuse the person and limit their healing. Each body knows the reach of its own boundary: you need only remind it. This method is also outlined in the inner healing lesson.

Putting a talisman on a victim once they have been worked on will temporarily give them an extra layer of safety and let their inner energies relax, expand, and regenerate. Violation cuts to the core of a person's sense of self; it destroys their sense of their own power and energetically fragments them. And if parasites are involved then the victim can switch from being a regular, balanced person to becoming a lifelong victim who cannot cope with anything and constantly needs drama in their lives. If the victim was not like this before their attack, then something else is likely in there with them, feeding off the emotional energy of a personality switch it spurred on.

If the attack was prolonged and brutal then all that inner work may still not be enough. I once dealt with a young woman who had gone

through a horrific, prolonged, and violent attack. Even after all the inner work (and medical care) she received, there was still a haunted look in her eyes a year later and she was still withdrawn. The shock and helplessness in the face of a violent near-death had damaged her to her core. She needed some catalyst to trigger the deepest part of her to engage with the inner work, and for the inner and outer body to utilise that work.

The catalyst came in the form of a very high-potency homeopathic remedy. I gave her a constitutional remedy that was her perfect fit and had been checked with divination to make sure it was the right one. It was dispensed to her in a single dose of 50M. The results were almost immediate. In hours her eyes and face changed, and she was able to communicate and chat. It did trigger a year and a half of anger, shows of strength, and rashes, but there were no more night terrors, no more internalising and brooding, and no more fear of the world. The anger, rashes, and shows of strength were the mind and body seeking its fulcrum by letting their emotions reach the peak of their imbalance before settling to find their balance again... the healing process.

When dealing with such a case, do not become a crutch for the person, or become their counsellor. You are a *magician*: your job is not that of a psychologist. I cannot stress this enough. Making a wrong step in such a situation can damage you, as you are dealing with the very deep creative/destructive powers of life itself. Once you have done your job you must pull back and get out of the picture; otherwise you will end up permanently energetically linked to the person. If they are a friend or relative then it is different, but you will have to be willing to let your energy upkeep them for as long as they need it. Such inner work creates links, and when you have finished then breaking contact, cleaning yourself, and moving on breaks them.

Infection

Most infections are dealt with normally through medication or alternative treatment. However there are times when a massive infection can end the life of a previously healthy person. If the person has a chronic illness or immune deficiency then this emergency magical work will have much less effect, if any. It relies on the person having energetic integrity/strength before the infection occurred, and works best with children and young people with a good vital force to draw on. If you use these methods on someone already weak from age or chronic illness, you could kill them with this work.

This sort of infection situation is rare these days, but as a magician I have come across it a few times and have also guided other magicians through the process, so you too may well come across it. When it is used on a young, otherwise healthy person suddenly dying from a massive infection then you need to be physically beside them or very close to their body for it to work.

But like all powerful magic in such circumstances, the magician can pay a heavy price for such work and it should not be done often. Also—and this is a big warning—know when to stop. This work is a major catalyst for life, but applying it too many times to a patient can drain off your own life force, which will trigger a hotspot in your fate that could take you out. It can well become a life for a life, so tread very cautiously and, as with all very powerful magic, use only what is necessary and no more. Our modern thinking often falls in the trap of “more is better.” If you still have any lingering inclinations towards that thinking, be aware of it and discipline it: *know yourself*.

Essentially this work rebuilds the inner energetic body of a person who has been overwhelmed suddenly by an invasive infection. This gives their immune system inner energy to draw on and restores the integrity of their inner organs, giving their outer organs inner patterns to draw on.

I have used this approach on people who have suffered sudden kidney, liver, or heart failures from infection. I have also used it against meningitis when the brain and spinal cord is under attack. The work does not get rid of the infection; rather it upholds the person’s organs and their inner pattern so that the body and medicines can fight off the infection.

In such a case you would not go directly to the weave: the energetic strain of such work on the body would hasten the collapse of the organs. First you stabilise the organs. Then you flood the system with energy. Then comes the weaving, once there is some energy for it to work with. Then you do organ renewal; then the energetic flows. From there the landscape is checked, any invaders that appear are ejected, and the path before the person is strengthened.

Once all this is done, you should see a turnaround in the person within twenty four hours if your work is going to pay off. You would go and check that everything is still in place a day or two later, and after that you back off.

They may need protection for a while, but in such circumstances you would not use a talisman: these draw lightly on the wearer’s vital force,

and when they are fighting infection then it would deplete their already struggling energy. Instead you set up either a deity or angelic force to watch over them and help them until they are back on their feet.

When we look at inner healing methods and practise them, we will look at the different approaches used in different situations. When you are dealing with a massive infection then you must step very carefully and in the right sequence, or you will overwhelm an already struggling body.

If there is a bad situation with a child overwhelmed by infection, and you cannot get to them physically, then these inner visionary working methods do not work as well: some physical connection is generally needed. (Though trying always helps, as each situation is unique.) In such a case, a focused gathering and releasing of energy can be done by working with the four gates and the central flame. The more magicians you can muster to do this in coordination, the better your chance of it working. The central flame becomes the child's focal point, and engaging the pattern of balance (power in/future/power out/past) and/or goddesses who work with disease and healing⁶ can really help to nudge the situation.

When you do such work you cannot aim for a specific outcome (healing); rather you fill the pattern with power for the child to draw on. This way you do not interfere with their fate, but you do give them support while they are dealing with a hotspot in their fate.

Stroke or heart attack

A stroke or a heart attack can bring sudden death or severe disability, and of course the first act is to call the emergency services immediately. If you are present when this happens then there are a couple of things you can do while waiting for the ambulance.

With a stroke there is no first aid you can give other than to make sure they are breathing, and if unconscious, laid in a recovery position. You can rub, touch, and tap their hands, feet, and face to keep a stimulus going for the nerves.

With a heart attack, once an ambulance has been called, do not lay them down: sit them up against something to support their back, head

⁶Sekhmet and Hathor are a good, powerful example.

and neck. Pull their knees up—this will take a bit of pressure off their heart. If you have an aspirin or baby aspirin, give it them to chew on if they are conscious; but do not give them anything else. Make sure you know the signs and symptoms of these events and what to do, as every minute counts. The quicker they receive medical help, the better their chances of survival.

If you can, then there are magical things you can do while waiting. Don't worry if you have to stop halfway through; as long as you continue the work once you can sit by them in a hospital, or nearby, then the inner process will keep its integrity (time-stretch) and will complete.

A stroke casts the brain into disarray.⁷ Enter the brain in vision and look for ruptured or blocked 'tubes' (arteries). Those you find, patch up and weave around them to strengthen them. Go in the arteries and look for lumps (blood clots) blocking them: absorb it yourself or Hoover it up (then put it in a hole in the earth to compost it). Make sure the artery walls are strong and that there is enough room for the blood to flow through them.

Now look around the brain. There may be a build-up of blood in or around the brain. Reach above you for a vacuum hose, pull it down to you, and suck up all the blood that has spilled out into the brain. Once that is clear, release the hose (it will go back up) and reach up for an energy hose. Fill the brain area with energy, then the rest of the body.

Watch the energy go round the body: make sure it reaches the body's extremities on both sides. Reweave any areas not taking up the energy: see yourself weaving a pattern contained in the limb or organ that fills it up, then flow the energy down it again.

Then focus on their feet. Put your hands on the soles of their feet and let energy flow through you into their feet. If you cannot touch their feet, do this in your mind. Make sure that lots of energy is in the soles of their feet, and that before them is a road into life (the future).

Sounds easy for someone who already does inner work, doesn't it? But you may need to do this while talking to the person to calm them and keep them conscious, or while monitoring their heartbeat and breathing. This makes the job very difficult, so these are skills you need to build up. I will give you various exercises in the technique lessons to this. It is really worth learning these skills, for even if you only have to use them once, that is one life saved. I have used them numerous times, and also on myself in medical emergencies. Magicians tend to cross paths with

⁷Make sure you read up on what a stroke is and what happens in the brain.

these incidents more often than normal.

Once the paramedics arrive, wherever you are in the work, pause with the intention of *continuing as soon as possible*. That intention triggers a time-stretch: when you complete the work it will work retroactively from the moment you first started working on them. If the patient is put in a crash-room or operating theatre that you cannot get to, sit outside it and stand by them in vision. Continue where you left off and finish the initial emergency inner work.

After that you will need to revisit a few times to keep repairing, reweaving, reenergising, etc. Once you revisit in vision and the inner body seems to be doing okay then it is time to stop working. Do not overwork them: you can damage them and yourself. With a stroke the revisit work would entail a lot of reweaving of the wiring in the brain: focus all subsequent work on getting all the connections in the brain connected (those that need help will appear to you), that light/energy is flowing back and forth down the 'wiring,' and that the light/energy is flowing down the spine and through the complex weave of the nerves throughout the body.

Once you have finished the work, go home and take a salt bath where the salt and water is consecrated (but don't do the exorcism utterance) to break the contact, then sleep to regenerate. Never ever go to sleep after such work without first breaking the contact with salt and water, or you could end up transferring the impact/stroke to your own inner pattern. Take a few drops of St. John's Wort before you sleep to help support your own brain: such work can have a direct impact on your brain, so tend well to it.

If the emergency is a heart attack then the approach is a bit different. Once you have called the ambulance and got them in a sitting position with their knees up, hold their hand (to mediate energy). If the emergency call centre wants you to stay on the line then tell them you are putting the phone near you so that they can hear, but that you want to concentrate on the person. Expect interruptions in your work, and be able to talk to someone as you do the inner work. Keep hold of the person's hand or place your hand on them as you work.

In vision go straight to their heart, to the chamber of their heart spirit; the king of their heart. Look at the floor. There will be channels in it for fluid to flow in and out of the chamber. If anything is blocking the channels, clear it. Make sure that the fluid is flowing properly.

If the king is asleep, wake him up, dust him down, and talk to him.

Tell him to keep working. As you talk to him, reach up for an energy line and plug it into him. Fill him with energy and light (vital force) until he shines and wakes up properly. Somewhere above him should be a skylight: make sure it is not blocked or dirty. Clean it so that light can stream down into the chamber. Now check the flow of the channels again: make sure the fluid is flowing steadily round the chamber in the floor channels.

As with the stroke scenario, if you have to stop then pause with the intention of continuing as soon as possible. Keep the king of the heart in your mind until you can start work again: keep talking to him, encouraging him, and upholding him in your own sphere until the work resumes.

If you come to the emergency once they are already in hospital, work the same way as outlined above. You may need to revisit the work a couple of times, but don't overdo it. The inner work draws on a lot of energy in the sick person, and doing too much can end up overwhelming their system.

Working on their inner organs/system clears and restores their inner pattern so that their outer body can draw on it to survive. If an organ's inner pattern and spirit is doing okay, the outer organ/body has a much better chance of regenerating.

Should you be in an emergency situation where the person dies while you are with them, keep a still, silent space around them and within them. The spirit will still be there, but the transition from life to death often (but not always) sends them into a deep silence before they reemerge. You can help the immediate process by keeping a tuned space around you, focusing on the fulcrum and directions, and telling the spirit that it is okay, not to panic, and that the way forward will open for them soon. They will probably be terrified. Your job there is to bring stillness to the situation so that the spirit can process what has just happened.

Talk to their body: the spirit will still hear. Don't dive straight into any deep inner work: they must go through some initial processes themselves. Your job at that point is to give the spirit a window of stillness; nothing more.

Coma

A coma is probably the most common situation where a magician is called in to help, usually to try and reach the person or to see if they are still there. The patient's family will want their loved one back, but the magician must be aware that some comas cannot be recovered from. In such cases the magician's job is to break the link in the patient that is keeping the body going, as the spirit has essentially already gone. Sometimes triggering a person's death is the greatest gift you can give them.

There are many different types of comas, and a wider variety of reasons why a person lapses into one. It helps the magician to know what brought the coma about, and what state the brain is in: this will save you a lot of time in your magical work and let you focus on what is necessary, as the approach to working on such a patient can depend largely on what caused their coma.

You may find that some relatives of a coma patient will lie to you in the hope of persuading you to work on what is really a hopeless case. Though they want their loved one back, you must focus on what is best for the trapped person: this may mean breaking ties to the body and letting the spirit go, which will trigger death. This is often necessary when the brain or body is too badly damaged to sustain life properly, but the spirit is still connected or stuck in the body.

So let us have a look at some of the different situations and approaches, which will give you a resource of knowledge to draw on when you cross paths with this situation. Always keep in mind that you must never, ever, when doing any form of magical healing, make promises to relatives that everything will be ok or that you can definitely heal someone. It is tempting to want to make people feel better, that is of no real help to anyone and becomes an imbalance. Always go in these magical healing situations with a 'let's try and see' attitude. Here are some situations I have worked or advised on with regards to coma situations, what I did and how it turned out.

Situation I

This type of coma is often triggered by an adverse reaction to a vaccine or medication. Often there are no prior indications of a potential problem, and the child/animal lapses into a coma within twenty-four hours of the

meds. I have also come across this type (from a magical perspective) of coma as a result of a prolonged febrile convulsion: lapsing into unconsciousness after a seizure or febrile convulsion is fairly normal. But when that unconsciousness turns in a coma, then it is not normal and needs swift action.

Usually the magician arrives after the patient has been hospitalised and has had some tests run on them, but before their prognosis has been clarified. In these cases, from a magical perspective, the person is still ‘in there.’ Often they just need a catalyst to break the limbo in which they are trapped. Do remember, though, that the body generally knows what is best: some comas are a body’s way of healing, so do not drag the owner back to consciousness using magic. You open the door and invite; you do not force.

Often in such cases the best catalyst is alchemical, like homeopathy. First you check the brain, weave, and spirit. If everything seems okay, then you give a dose of a remedy to trigger a response. If it is a person and they are in hospital, check with the doctor first before administering a homeopathic dose.

An animal in a coma is probably one of the most common reasons for people seeking my help—a human in a coma comes in a close second. Once I was called in by a vet to look at a pup who had been vaccinated and had lapsed into a coma shortly after. The vet had waited a few days for the animal to come out of the coma on its own, but it didn’t. When I checked the animal in vision everything appeared okay, but it was like an off-switch had been thrown. This told me that all that was needed was an alchemical trigger to turn the switch back on. I had seen this before in puppies and had success with what I call the “corpse reviver”: Gelsemium, a homeopathic substance. I always start with a low dose if the patient’s constitution is strong and there is good vital force and take it from there. I gave one 30c dose and a second an hour later, and we waited. Two hours later a very excited puppy was barking furiously and running around.

With a child, human or animal, this approach usually gives results within a couple of hours. I had the same result with a cat that had lapsed into a coma after a bad reaction to antibiotics. The cat was overwhelmed by an infection and really needed antibiotics to save its life, but after the third dose it became drowsy. By the fourth dose it was in a coma. All that had been needed was for the owner to recognise that the antibiotic was not working as it should have done, and that their cat was having an adverse reaction. All the cat needed at that point was to switch the medication.

When I checked the cat its vital force was ebbing fast. I did all the inner checks, and was about to use inner work on the cat when something stopped me. I had a strong feeling to give the cat a remedy first, then work on it. Again I gave Gelsemium 30c, two doses over an hour. Then I worked on the cat to help its immune system clear the infection. This entailed cleaning, vacuuming, then reenergising its vital force. A few hours later the cat was playing, eating, and doing just fine.

I have also done this with children when a medication has triggered the coma (as opposed to a head injury): somehow a switch is thrown and the body shuts down. Using an alchemical catalyst, and sometimes also basic inner work, is often all that is needed. This is why it is so important for magicians to learn the different alchemical processes, like homeopathy and succussion, herbs, and so forth.

Situation II

This is a good example of a tricky situation and how to read what you see in inner vision.

I was called to a man by his family. He was in a coma after surgery. He was in an intensive care unit, and hope was fading fast for him. I held his hand and went in vision into his body. It seemed to be doing okay, his vital force was strong, and he was very present in his body. However as I looked around his body it seemed like a storm was happening. This reflected how the patient presented: not only was he in a coma, but he was shaking constantly.

I talked to the heart spirit and the liver spirit, and looked in the Inner Landscape. They all seemed to be reacting to something, as though trying to hold back a tide of poison. It took me a moment or two to figure out what could be happening. I realised that no amount of inner work or remedies would help this person until this 'storm' or tide of poison was addressed: the body was in full panic mode trying to fend something off. It was not infection; it was something flowing constantly into the body. It looked like a tide of red was seeping around the body. Everything it touched reacted in a defensive way, but it was as if the body did not know what to do about it.

By amazing chance—which often happens in magical situations—I happened to know the neurologist at the unit. He knew my work and trusted me. I asked him if some medication the patient was on, via intravenous drip, could cause such a reaction. He said he didn't think so, but he would look up the more unusual side-effects of some of the drugs the

patient was on. He came back a few minutes later and said that one of the drugs had a very rare potential side effect similar to what the patient was experiencing, and that there were alternative drugs which he could use. He said he would switch the medication, and I would come back the following day.

When I returned to the unit, the patient was no longer shaking, but he was still in a coma. I went back into his body and saw that the red tide had stopped. I talked to the organs and told them that the poison had stopped. Then I talked to the man's spirit: he was still very present and wanted to wake up, but did not know how. I took the pattern of shock from the major surgery out of the body, worked on the energy flows, then found a deeper layer of shock underneath—something I had not come across before.

When the person had gone under anaesthetic they had come close to death: he was in his sixties and had a terrible fear of mortality. He had not led a good or balanced life, and though he was not particularly religious he had grown up in a religious setting. He was afraid of dying and being judged harshly: he kept telling me he was not a bad person, but that he could not help it. This was adding to his problem and had contributed to the switching off. I talked to him about second chances, then worked on him to try and loosen the deeper shock pattern.

Now that his medication had been changed I could use a remedy to try and lift his coma. I discussed it with the neurologist, who wanted to go away and look it up before I used it. Once I got the go ahead I gave him three doses of Gelsemium 1M, spaced over an hour for each dose.

The following morning the man was awake. There was no way to tell if the remedy had done it or his body had done it itself after the medication was changed; but either way, he was awake and talking.

I touched base with his family three months later. They told me he was like a changed person for a couple of months: his usual nasty aggressive personality seemed to have gone for a while—but it returned with a vengeance once he felt safe. The chat we'd had while he was in a coma seemed to have reached something for a while, and he had struggled to be a better person. But sadly his old self came back in the end.

A few months later I bumped into the neurologist again, and we discussed the patient's return to form. He pointed out to me that the man had lived most of his life, from birth, in a toxic situation: he had been surrounded by lead, and was most likely deeply affected by chronic

lead poisoning. This can make people aggressive, and if the contamination was in childhood then it can cause irreversible damage.

Bear this story in mind if—and when—you work on someone with magical healing. Not only can the body react to all sorts of things that can cause ‘storms,’ but long-term exposure to a toxin can affect a person’s brain and CNS, and therefore sometimes their personality. How a person’s spirit appears in vision is a much better measure of the person than how that spirit appears when it is operating through a damaged or toxic body.

Situation III

A young man had been in a car accident and had sustained a massive head injury. He was in a deep coma and not expected to survive more than a day or two, but a week later he was still hanging on and his family was distraught.

When I went into him it looked like an energetic bomb had gone off in there: his weave was badly torn, his brain and heart had very little life in them, and there was no coherence at all to his energies. I knew I could do nothing, but I could not understand how he was still hanging on.

Then I came across the parasites. Three rather large beings had moved in, probably from the impact. They were keeping him alive by stopping his spirit leaving. I did not fully understand their reason for this, or what they were feeding off, but of course they had to leave.

I took them out and placed them in the Underworld. Then I followed the thin umbilical cord from the body that took me to the person’s spirit: he was standing at the side of the River of Death. We talked there for a while. He was okay with dying and had no wish to survive in such a broken body, but he seemed frozen to the spot. He could not break the cord—the parasites had stopped that—and he was becoming distressed. So I broke the cord for him. I told him to cross the River when he felt ready, and that he would be okay. He gave me messages for some family members, and then I left. I passed on the messages to his family while standing beside him, then left the hospital. He died that night—without his family having to switch off his life support.

As an aside, I have also dealt with, and guided other magicians through, a bizarre situation that I don’t fully understand, but I have seen it enough times to know that it happens. This is when a person is in a deep coma, usually from accident or disease, and their spirit is no longer there, but something else is. It is as though an opportunistic being moved

when the spirit left and took up residence. They cannot operate the body—either because they do not know how to or because the body is too badly damaged—but they refuse to leave.

As you can imagine this causes immense suffering for the family. The body keeps ticking over, but the person is no longer there. Sometimes the family sense this, and the continued coma of the body distresses them greatly. In each case with this situation, I go in vision and literally haul out the squatter. It is always obviously nonhuman and a trespasser. Sometimes you will need help from an angelic being or an inner contact/inner being to remove the intruder and deposit them in the Underworld.

Those examples should have given you some idea of the sort of things that can cross a magician's path. By reading the *Magical Healing* book, and revisiting the other lessons on this subject, you should be able to build an idea of how to approach such situations.

Some magicians rarely cross paths with extreme situations; others seem to fall into them all the time. A lot depends on where your fate path as a magician is taking you and what learning curves you are on. In our magical lives we often go through various different magical roles, which are all part and parcel of our lives as magicians. At times I have intensively taught groups, worked magically with animals in a rescue, and for a few years I was constantly midwifing people into or through death. Other times I seemed to be working a lot with people who were critically ill. For a long time I had phases of working intensively as an exorcist.

Life/fate puts you in a pattern of learning intensively by doing; most magicians go through these various cycles not only as a part of their service but also for ongoing training by inner contacts. Theory in magic is only a small percentage of your training; practical work and learning by doing is the major part of a magician's development.

Seeing how I approached certain healing incidents should give you the starting point you can build on through your own work. You may only use these methods once or twice, or you may find yourself constantly having to deal with emergencies: never assume that you will not need them. If you are in the right place at the right time, regardless of what area of magic you wish to focus on, you will be put to work as needed.

Just never go looking for the work!

To start the inner process of learning, before you got the inner healing techniques themselves, there is a vision you should work with—more than once. You can do it every few days while you work on this module and once a month afterwards.

This vision will plug you directly into all the magicians, priests, and priestesses that have ever worked in your magical lines. The vision is of the *Fellowship*—sometimes in magic it is called the *Inner Convocation* or the *Gathering of Elders*. This is a meeting point connected to the Inner Library where there is always a group of people upholding the inner pattern of balance and the fulcrum. The people change often, but the place stays throughout time.

Often magicians or priesthoods take turns being in this place, and it acts a resource for magicians to draw on. If you do draw from this place then you must also put in time there yourself, so others can draw on you and those around you when needful. Include this vision in your regular routine: maybe go there once a month and take your place in the procession/walk of the Fellowship.

Task: Vision: the fellowship

Go to the Inner Library and ask the librarian to show you the steps to the Gathering. They will point to one of the corridors leading from the centre of the Library. As you look, you see a man or woman waiting for you. When you reach them they show you a door. They lead you through it and down some steep stone steps that open out into a circular antechamber. There you see people from all sorts of places and times appearing and walking into a vast circular chamber that holds a fire in the centre. Follow them.

The central fire rises out of a stone altar. The people walk clockwise around the flames: some walk in meditation, some talk to each other, some walk silently side by side. Your guide walks by your side with a hand on your left shoulder. As you walk around the flames your guide points out the vast and beautiful gates in the four directions: each gate has an angel standing on either side of it, their wings wrapped round them like cloaks and their eyes shut.

As you walk, the flame suddenly flares brightly. In one of the directions both angelic guardians open one eye, and their gate swings open. If you look through it you will see a landscape, temple room, magical room,

or some other scene. Some of the circling people stop and gather by the gate, while others keep circling. Some are preparing to work for the call, while the rest keep up the momentum of the place's power simply by circling the flame.

Keep circling. Talk to whoever approaches you and learn from them. When you feel it is time to leave, go back to the side-chamber that led you here. Each cross-quarter of this circular chamber has an antechamber leading off from it, and they all lead back up to the central Library. Which chamber you use as an entry or exit determines what time-frame and power will be present in the Library and around you. Thank the guide who worked with you, then return to your work space.

Once you have become used to walking in this place and being present, you will be able to access it quickly in emergencies via the central fire. This chamber is a much higher octave of the pattern you have built in your work space. If you pass in vision through the central candle in your workroom with the intention of going to that space, then you will step out of the central flame in the Gathering place. If you are just visiting there, then go via the Library. When it is an emergency, then access it through the flame.

When in your apprentice training you first started to approach the open gates in the directions in your workroom and you saw people beyond the gate, you were looking into this place of the Fellowship.

The more you work with this place and hold vigil around the fire, the more you will learn about it, and you will learn all the different ways of approaching it and working with it.

When you are faced with an emergency situation and need to draw on the strength, connections, skills, and power of the Fellowship, then light a candle and be aware of that place by fusing in vision the candle flame and the central fire of the Fellowship. This will let you access the power and companionship there.

You will also find, as you become more skilled in and familiar with that place, that you may recognise some of the people in the chamber. Inner contacts, other Quareia magicians, and adepts/priests/priestesses that you have worked with in vision or in life will often appear here.

You can also call out for help from the people of this place simply by tuning into it and calling out, in vision, for assistance. To receive help you need to be part of this fellowship and familiar to its members. This is achieved by going in regularly and being there as a presence. Walking

around the flame as a part of the group weaves you slowly into the vast line of magicians and mystics who hold a presence in that place.

It is a place of give and take: when you need help they will be there for you, and you will go there and walk the circle regularly for those who may need your help. Just being there is enough; your presence adds to the place's power and its members' collective knowledge, skill, and spirit acts as a resource for others in desperate need, at any point in time, past or future. Never abuse this place by drawing on it when you do not really need it: you will be locked out if you try to misuse it.

QUAREIA

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