

Working with the Void

The void is a basic visionary meditation that can be used to tune a magical space and to tune yourself ready for work. It is also a very good exercise for strengthening your visionary abilities and stilling your mind. It can then be used briefly to still yourself before visionary magic or ritual. You can also hold your mind in the void while conducting ritual if you need to be invisible as you work.

If you work with this visionary meditation over a long period of time, you will find that you can eventually slip easily into the stillness of the void, which can then be used in times of emergency, when you need to quickly focus or 'vanish' from inner view – when you find yourself suddenly under serious inner or magical threat, slipping into the void causes you to become invisible from an inner perspective.

Before embarking on visions or ritual work, a period of stillness and silence to allow the deeper powers to connect is advisable. I use a "passing into the void," into timelessness as a good tuning exercise before heavy work. It stills our minds and it also tunes us into that older, timeless part of our spirit that exists eternally. It also builds into a consciousness of peace that tunes out everyday nonsense.

The void is a very simple and yet powerful vision/meditation that takes you in the heart of the threshold of creation: the void appears as an empty space to us, and yet it is full of potential just waiting to manifest. As a magical beginner it is a meditation that is used to still your mind. As an initiate it is a threshold place that you can pass through to access many different inner realms if you can hold focused intent for your destination. As an adept, the void is the stepping into the consciousness of Divinity, where we face the powers of creation in their purest form.

This simple and yet deep meditation expands and deepens with us as we walk on the path of magic. It is the place of 'going home', the stillness that our consciousness came from, and the place where our spirit can be itself.

When you get used to the stillness and timelessness of the void, you begin to learn how to loosen your boundaries, how to spread your spirit out beyond the shape of a human. You learn to be pure conscious thought with no form, a consciousness that can pass through all substance; a consciousness that is everywhere and nowhere. When you have finally developed that ability, it becomes a major tool for a magician when you are in danger. If you have a powerful destructive being after you, then passing quickly into the void and scattering in all directions effectively makes you disappear. There is no human spirit form for the being to grab a hold of.

Use this meditation on a daily basis if possible or at least regularly.

Meditation vision of the void

Light a candle and close your eyes.

See the candle flame with your inner vision and see it grow before you. Be aware of a flame within you, the flame of being seated deep in your centre. The flame within you grows strong and the

candle flame before you grows bigger. See yourself in your imagination step into the candle flame and let the two flames merge. You bathe in the flames that do not burn and the power of life flows through the flames and into your body, strengthening you.

When you are ready, see yourself step forward through the flames with the intent to pass into the void. You step through the fire and find yourself in a still dark place where there is no time, no space and no movement. There is nothing but stillness and silence. You let your thoughts fall away, let your sense of your body fall away and the details of your life, they too fall away, leaving you still and silent.

Drift in the silence, being aware that your boundaries and body shape have slowly fallen away, leaving you with just thought, stillness and silence. The deeper into silence you go, the more you become aware of everything that is in the nothing and the nothing that is in everything. The void is within all living things, all manifest substance, and all manifest substance is in the void.

With this realization, you find yourself out in nature, flowing through trees, rocks, cities, animals, passing through the wind, the rain, mountains and lakes. You are within everything and are a part of everything. And within that everything is the stillness, the void.

Your focus returns back to the void, back to the stillness and silence. While in the stillness, you remember your body and the room in which you are seated. As you think about your body, you find yourself standing before yourself, looking at your body. See the flame within the body and see the stillness of the void within the flame. Step back into the body and sit in silence, being aware of the void within you: it is always there, the still silent place within that is your true home.

Open your eyes and look at the flame before you and see the stillness and Divinity of the void within the flame.

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